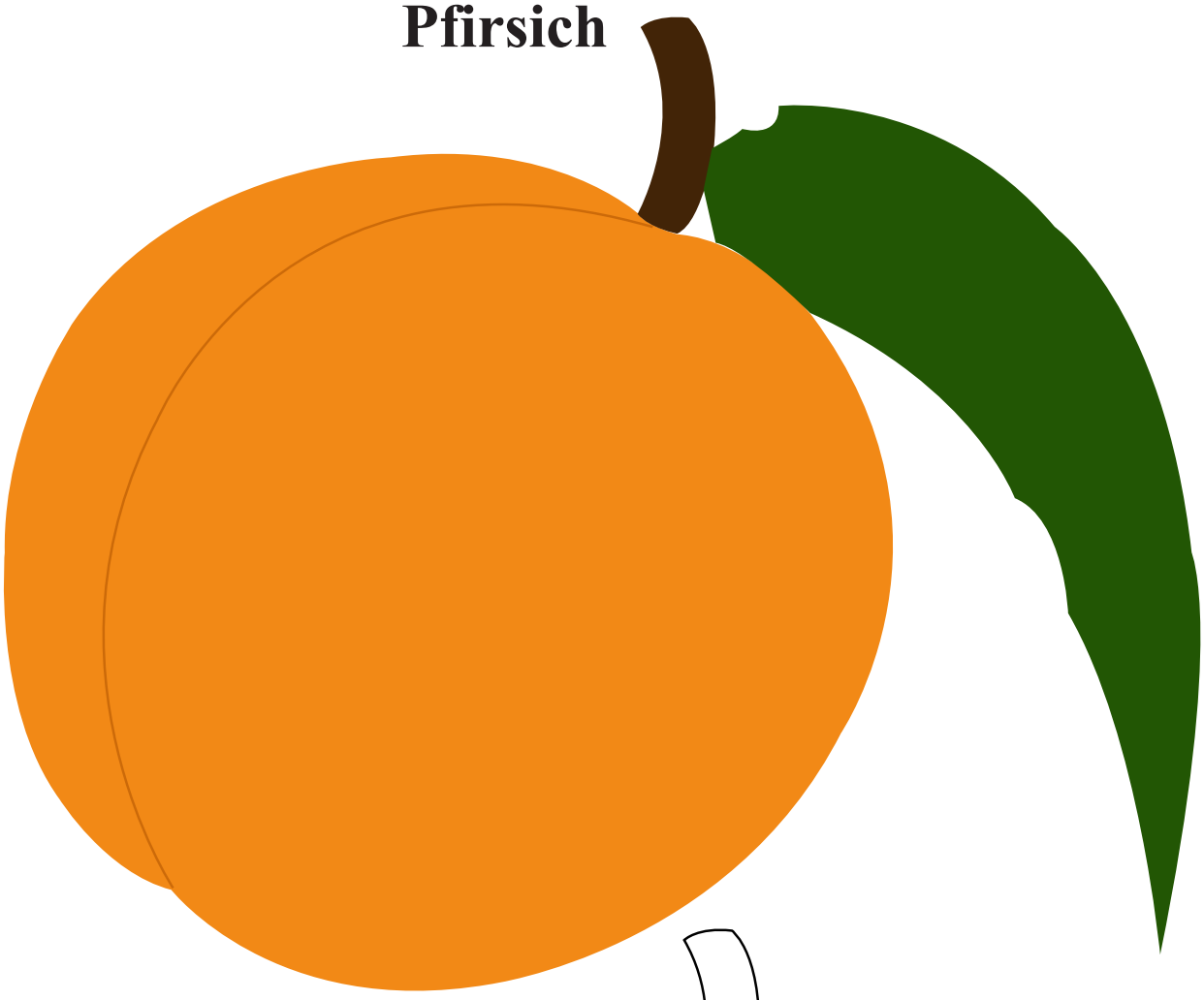
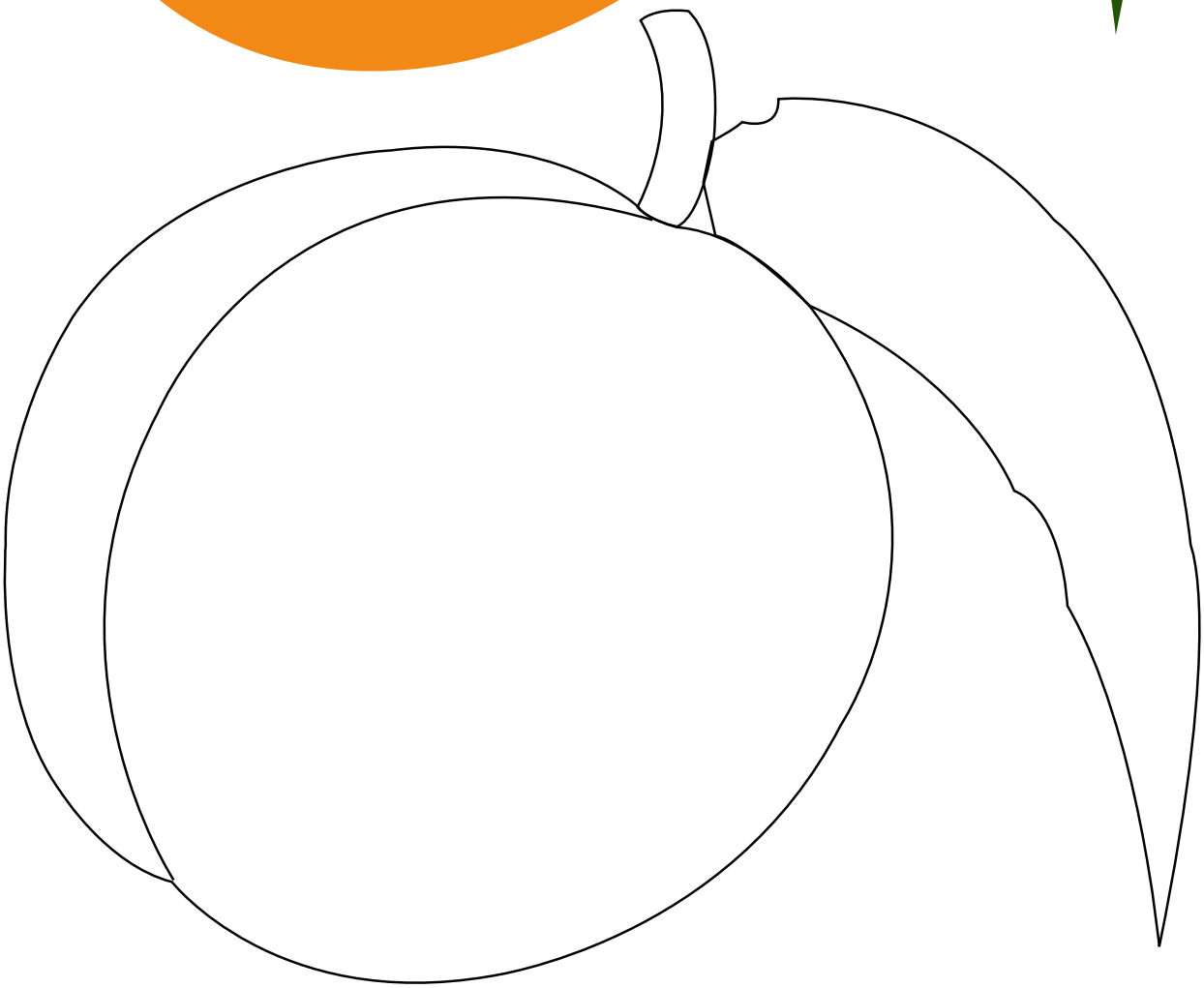
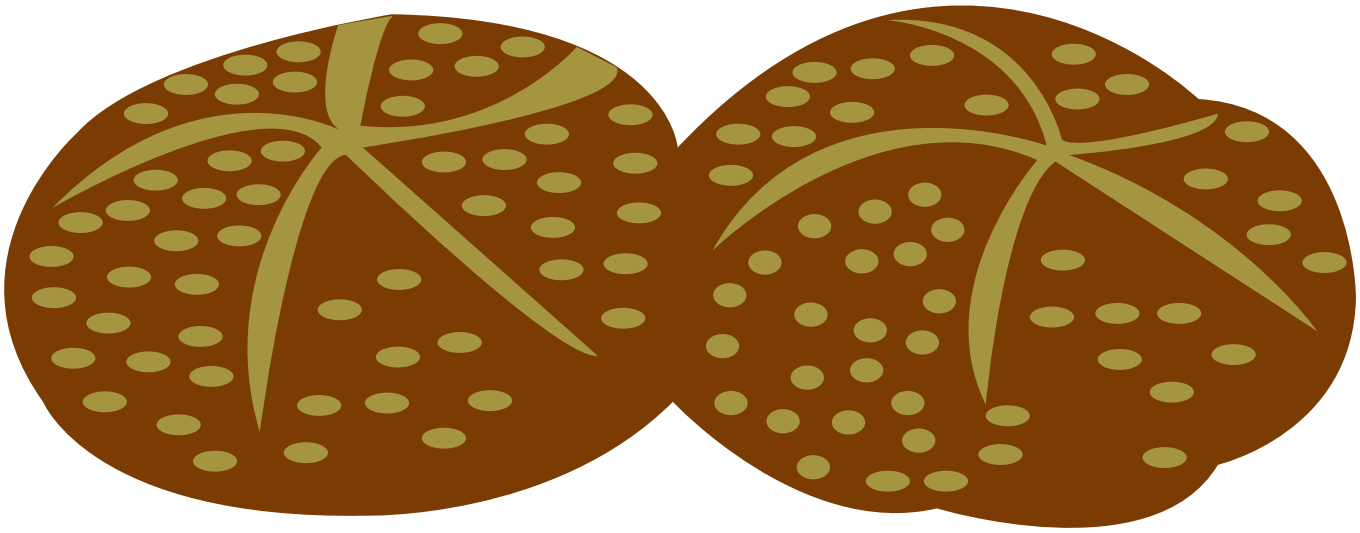
Gesunde Ernährung

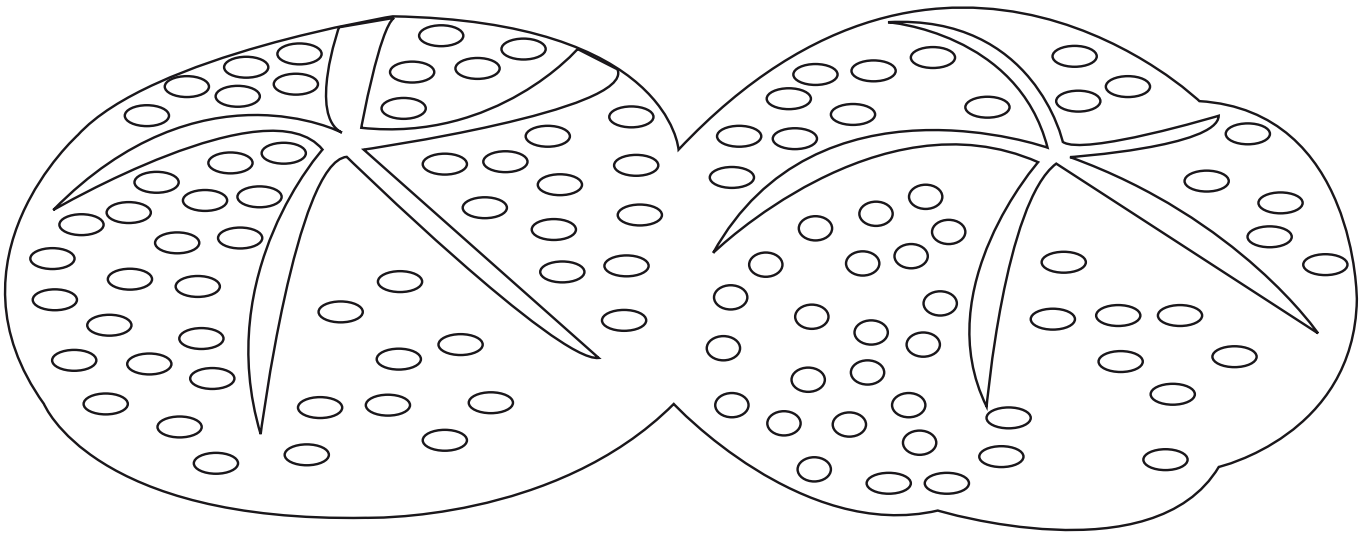
Pfirsich



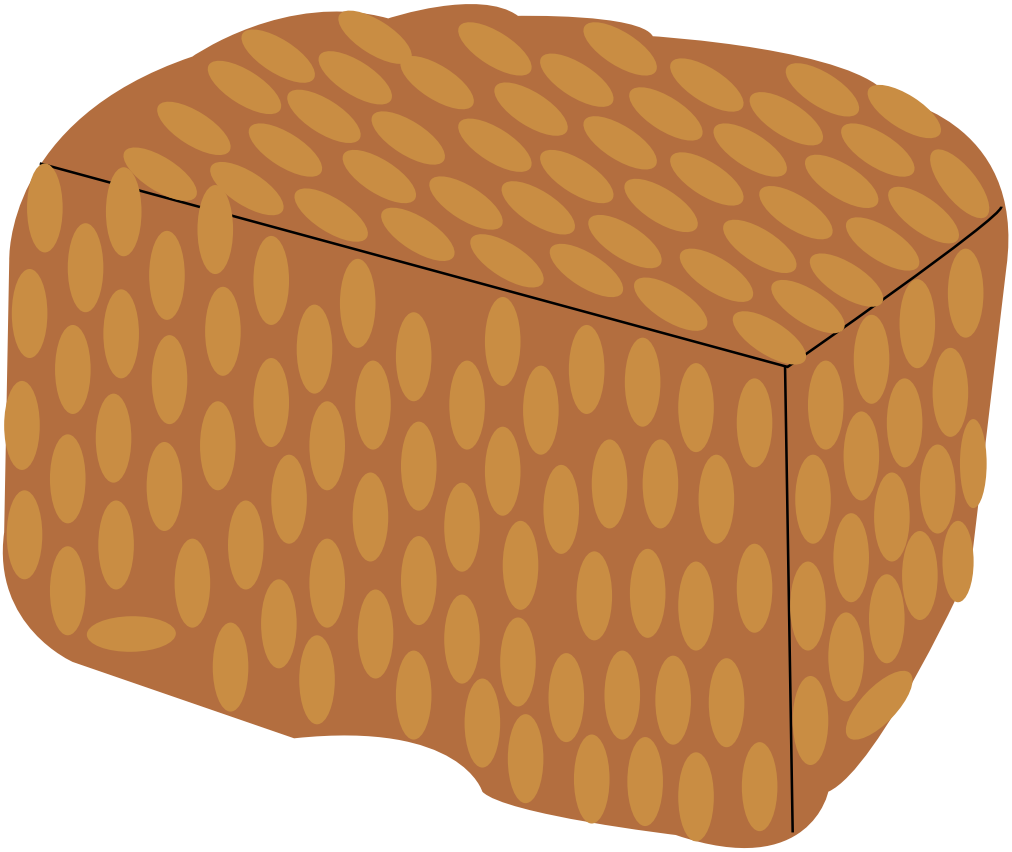


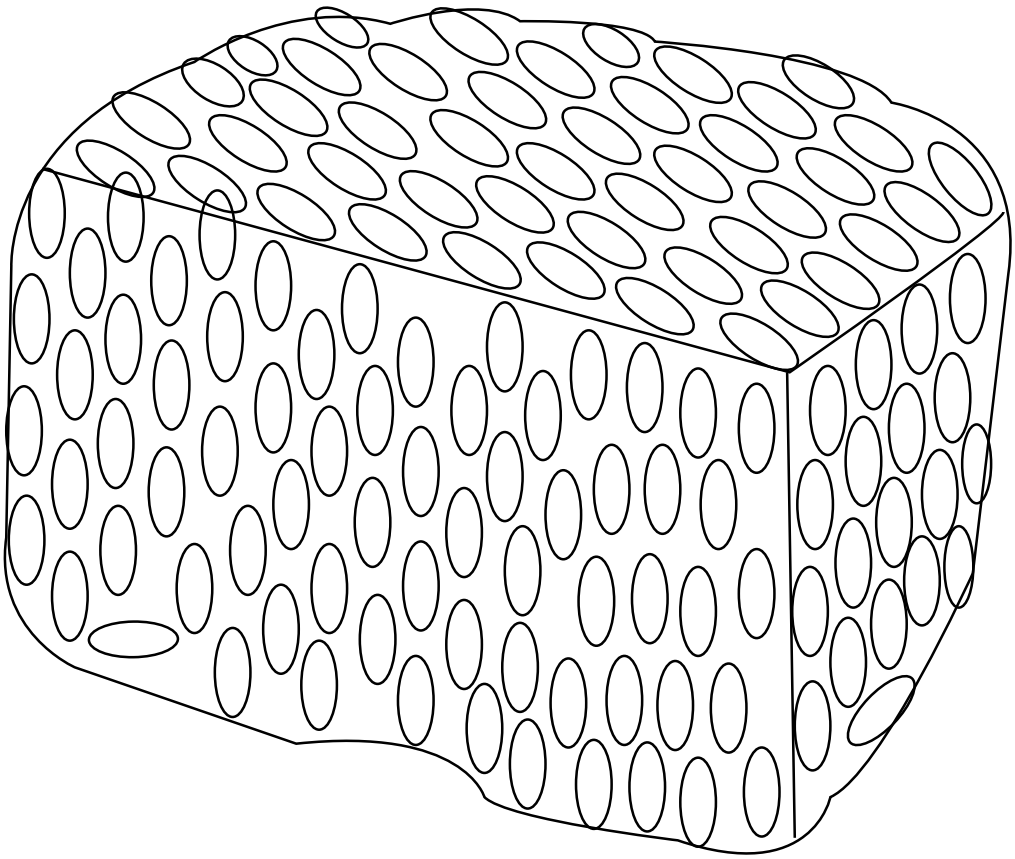
Sesambrötchen



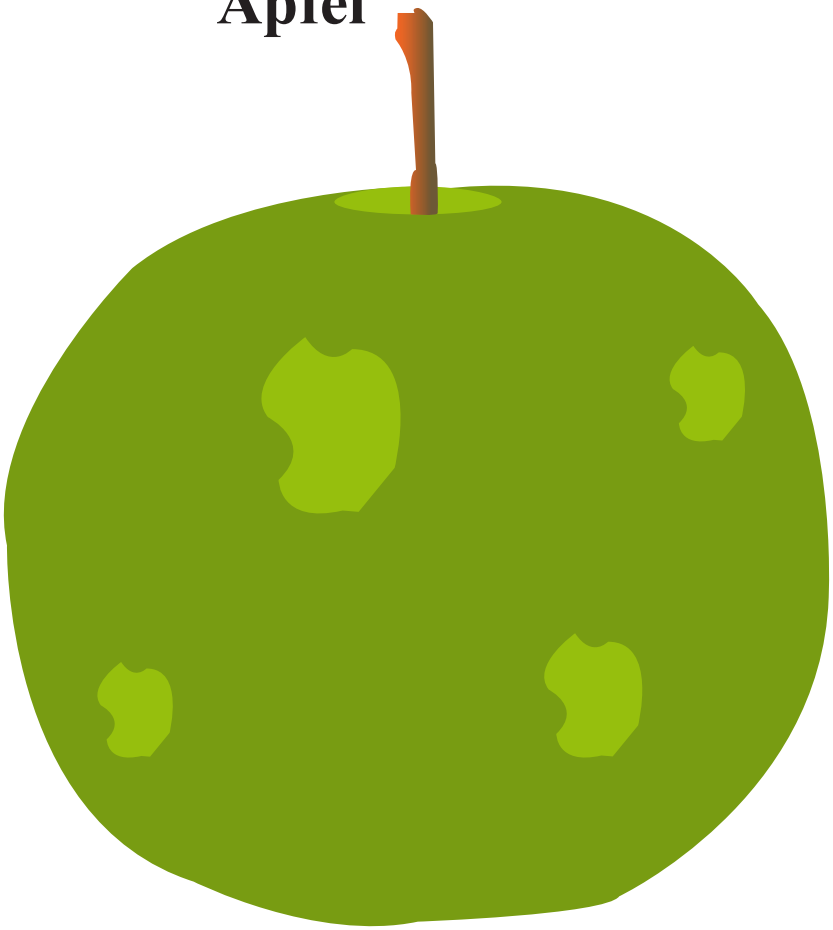


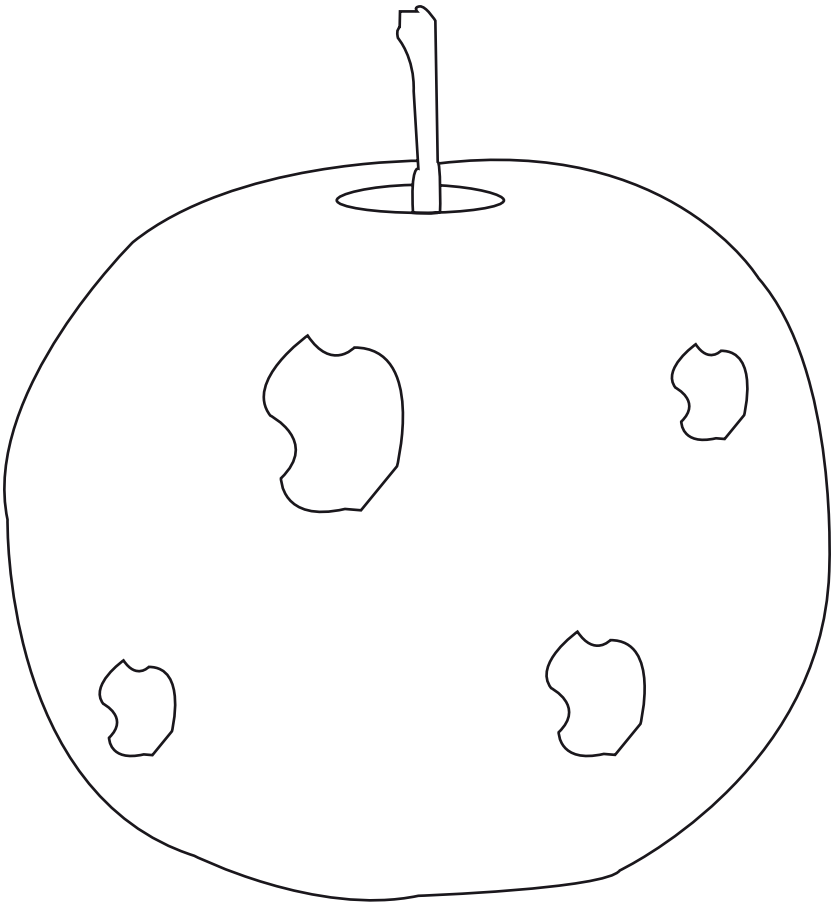
Vollkornbrot



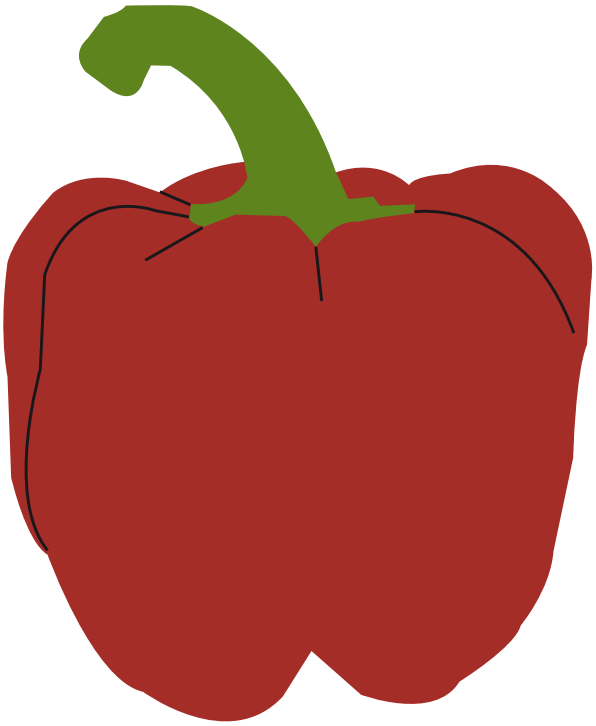


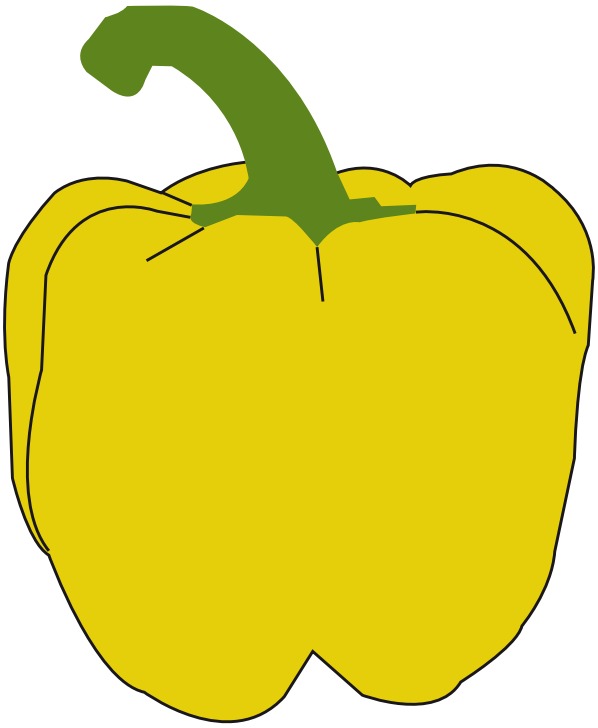
Apfel

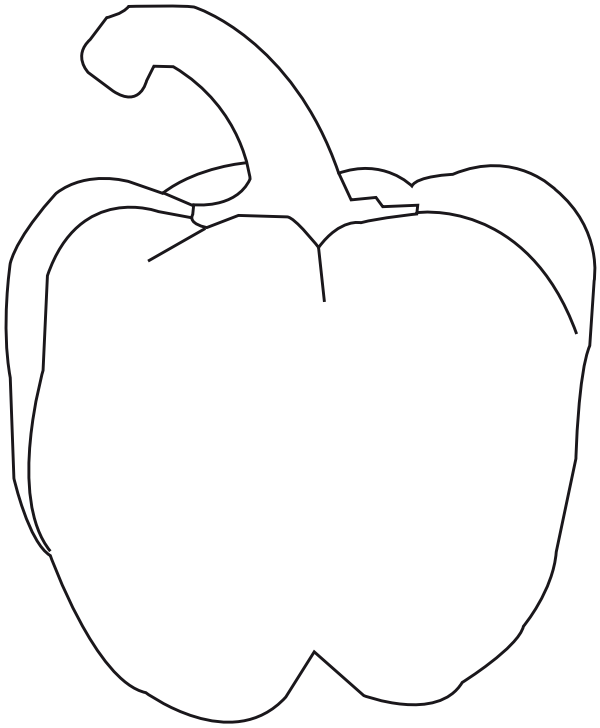


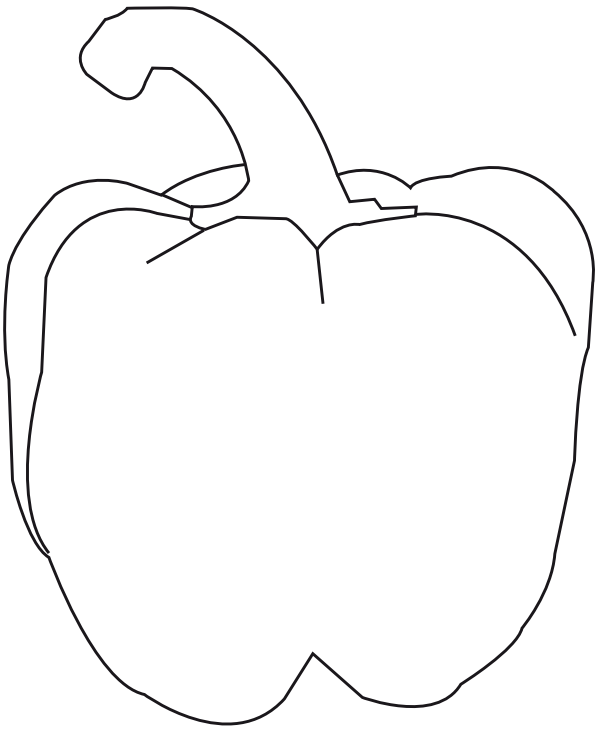


Paprika



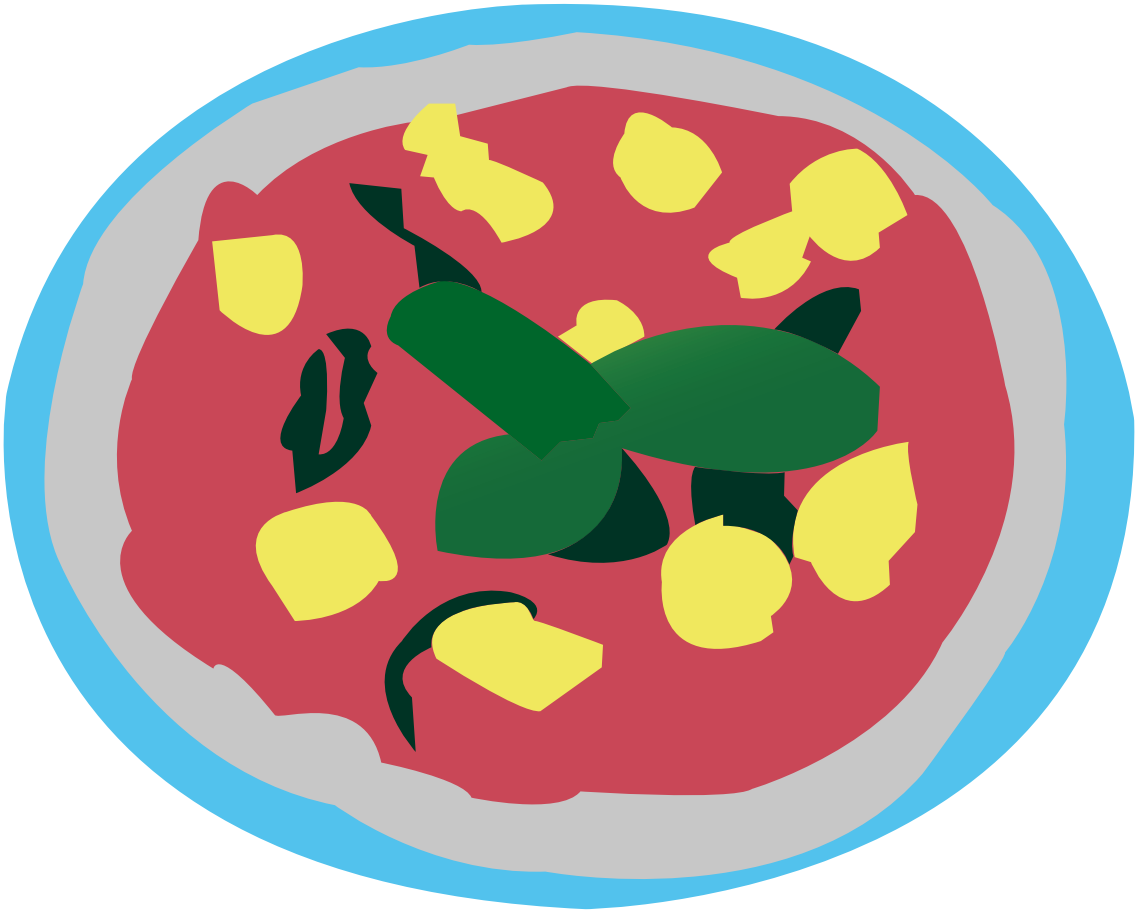


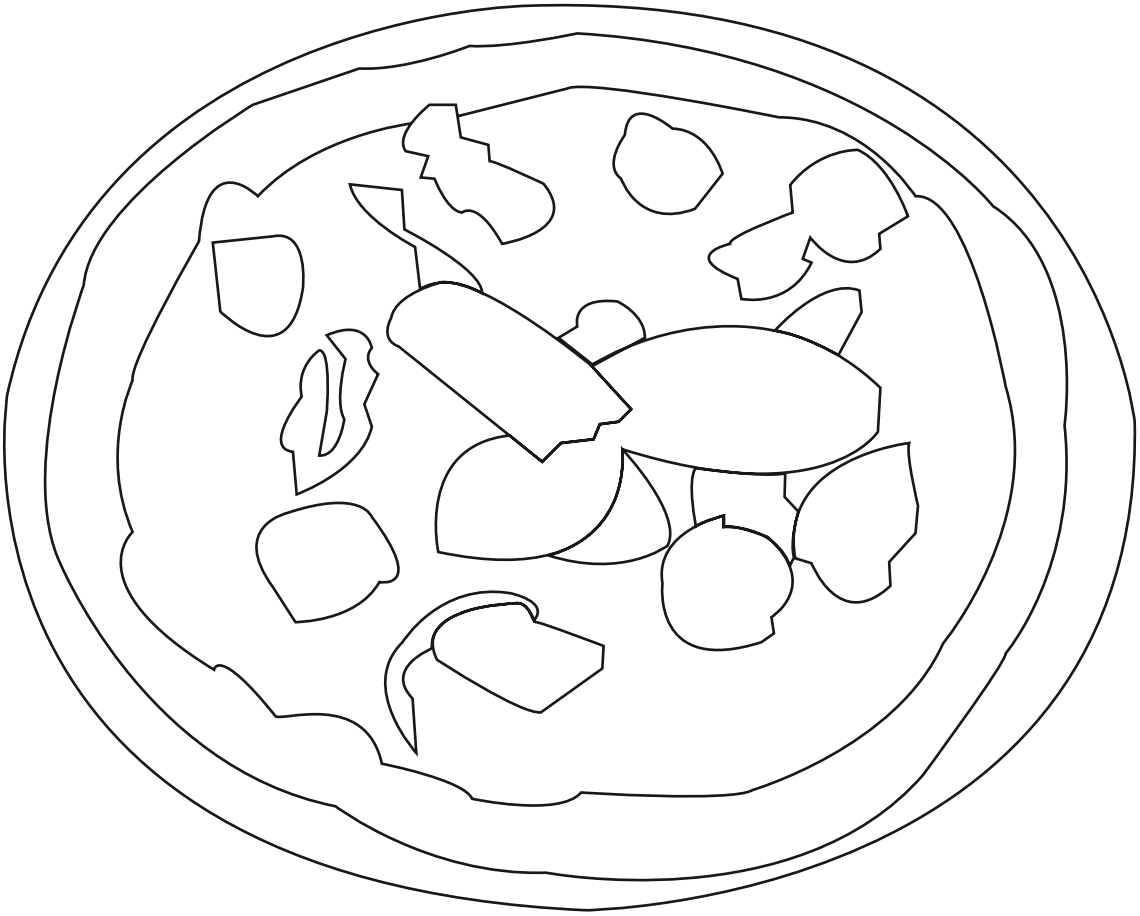




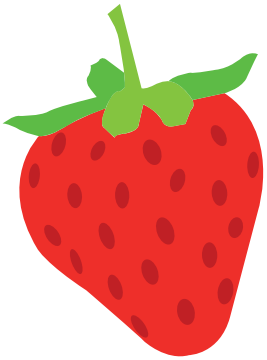
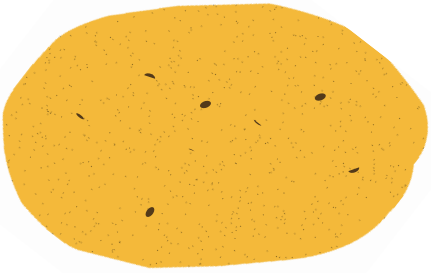
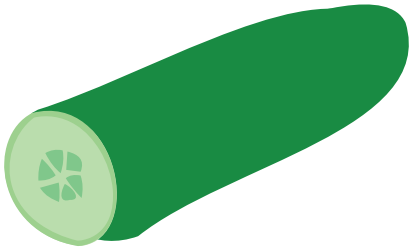
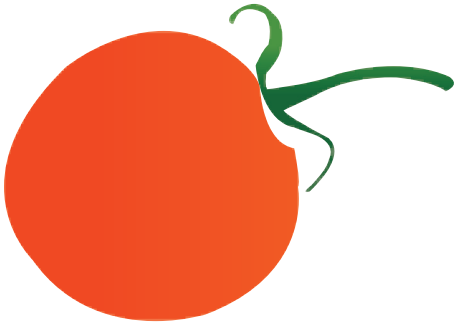
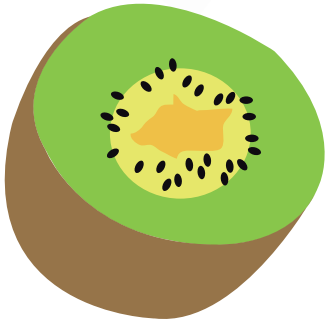
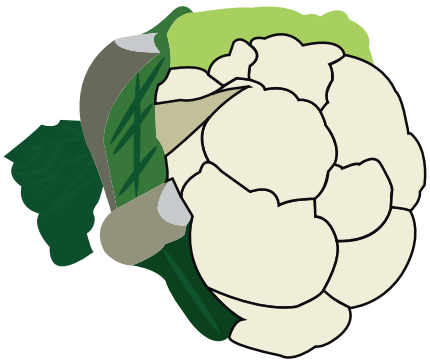
Pflanzliche Fette

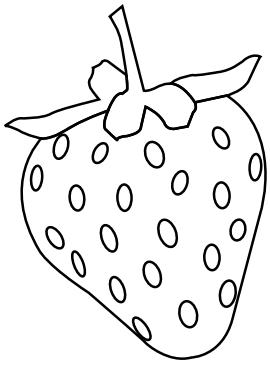
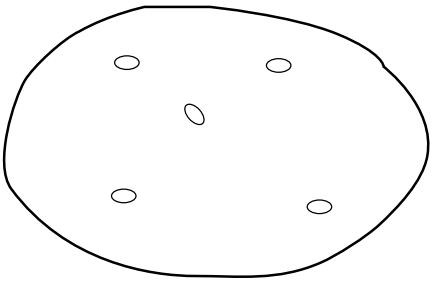
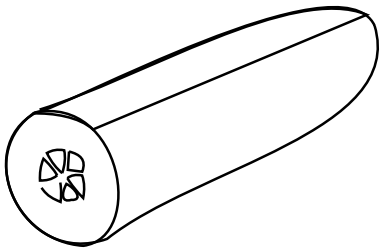
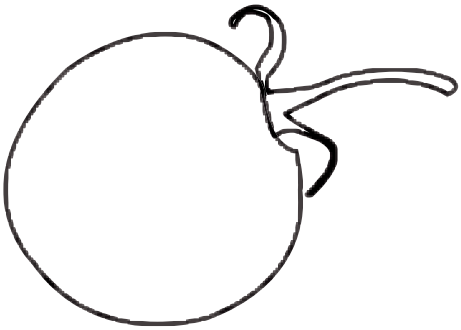
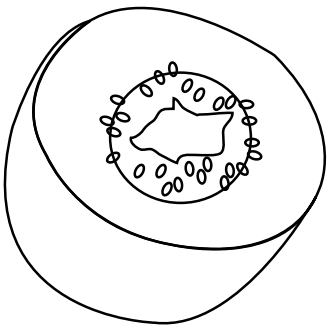
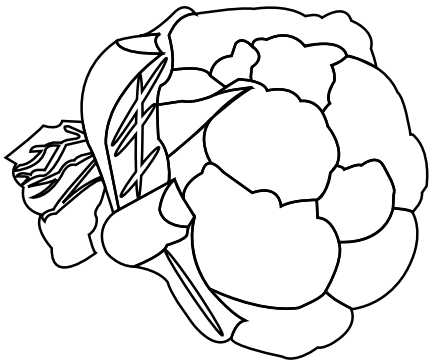
Vegetarische Pizza



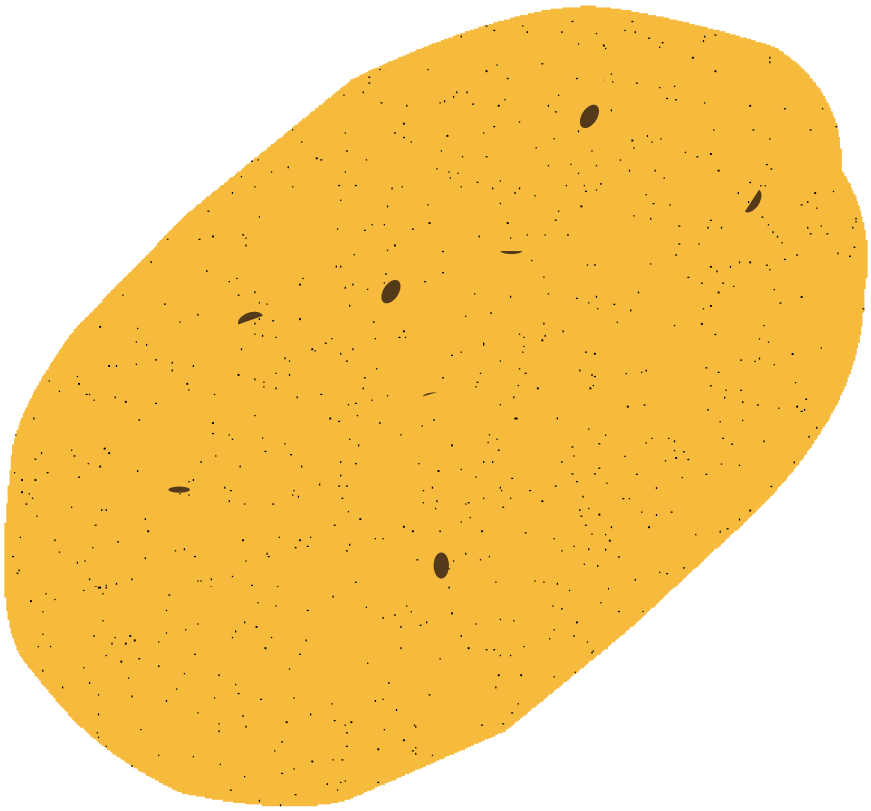


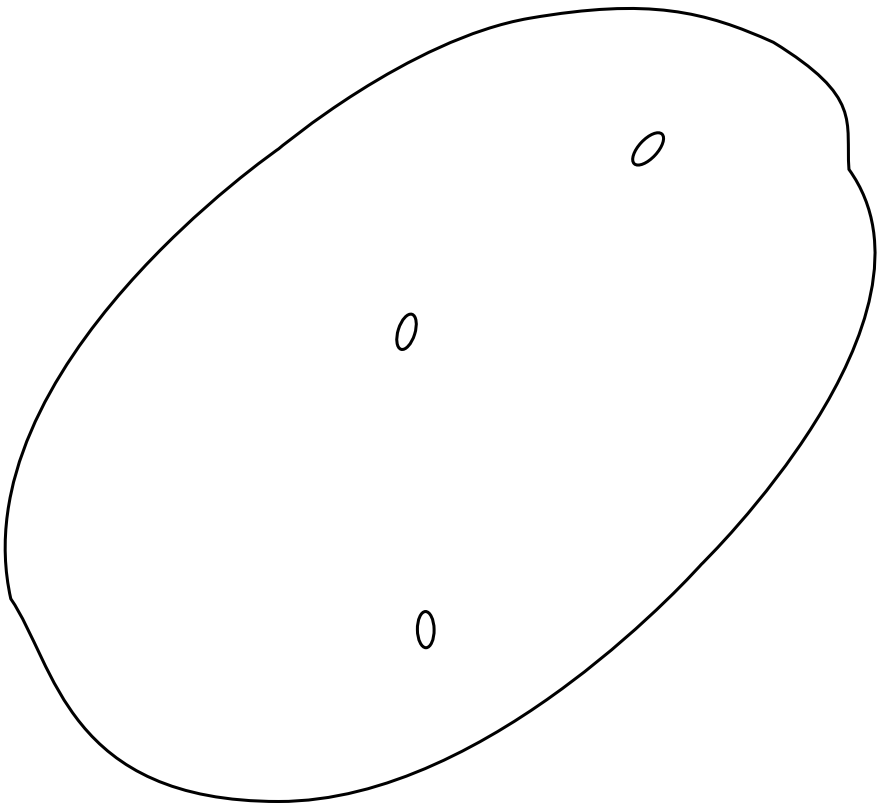
Obst und Gemüse

Kartoffel





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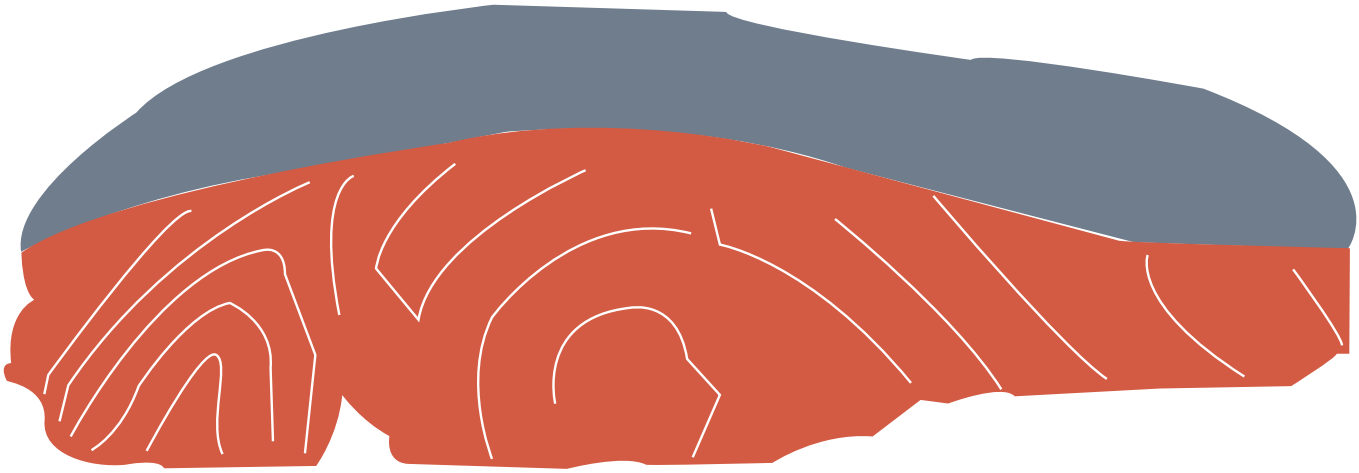
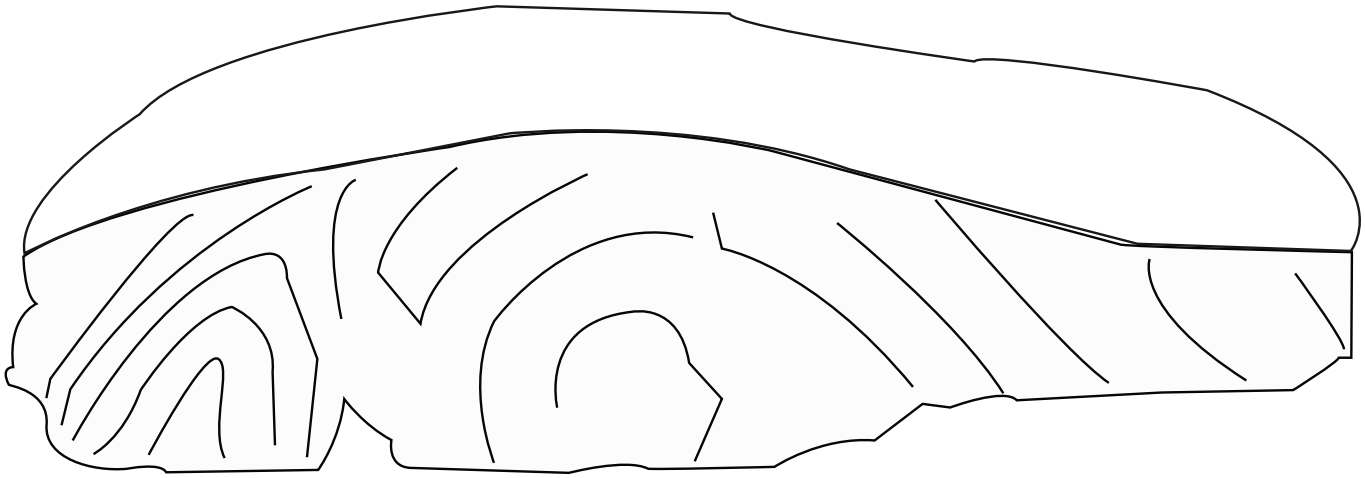
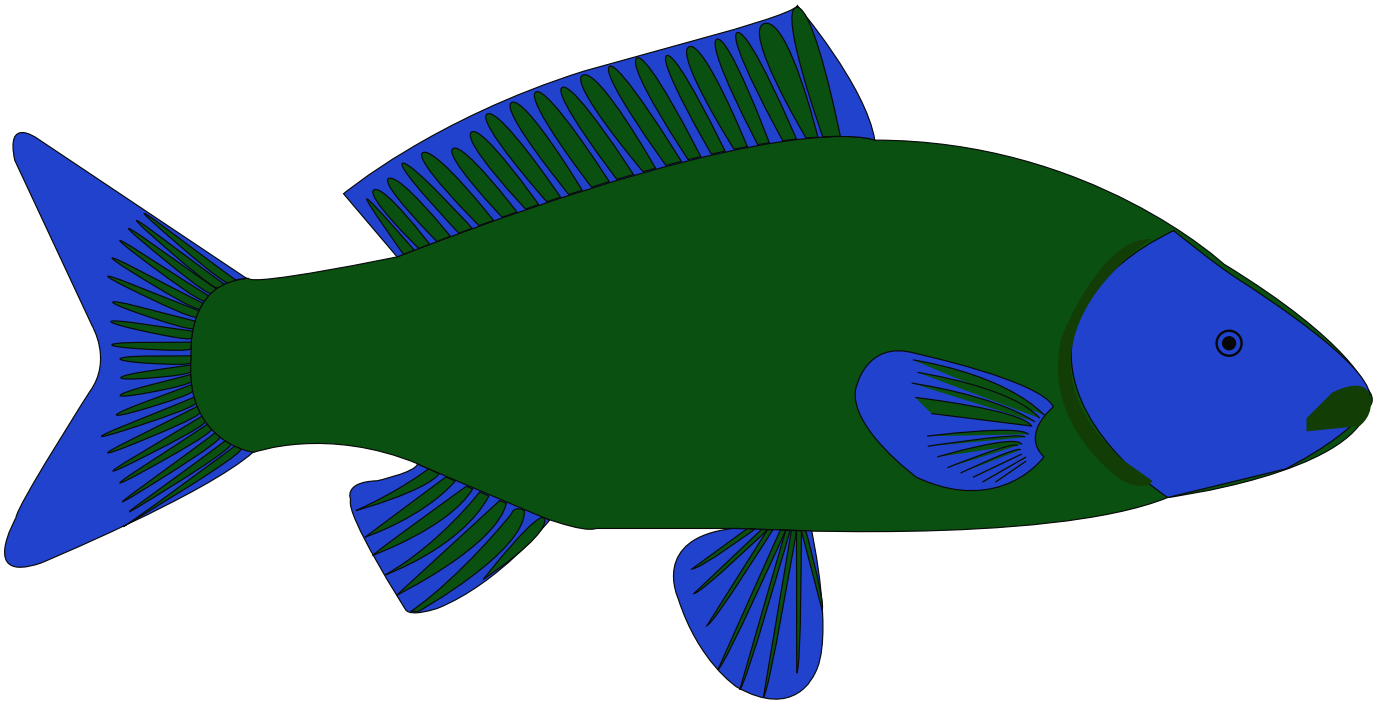
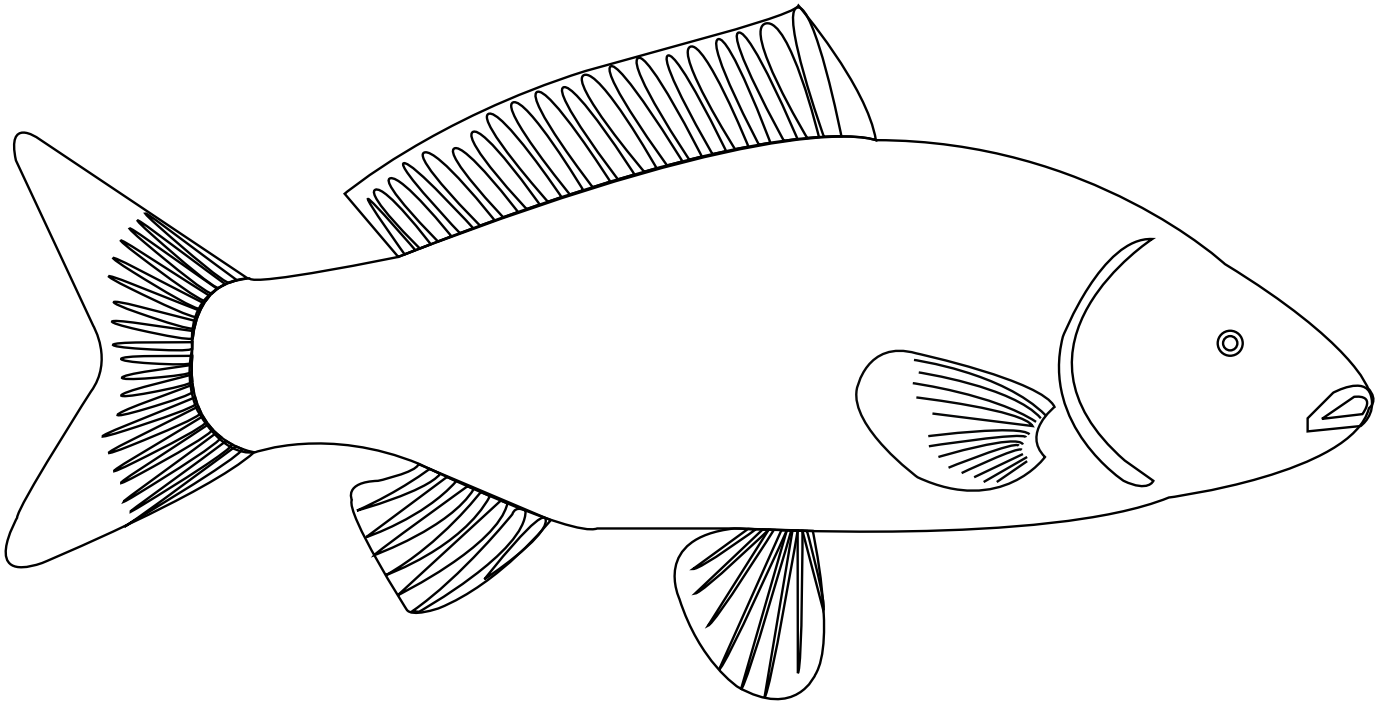


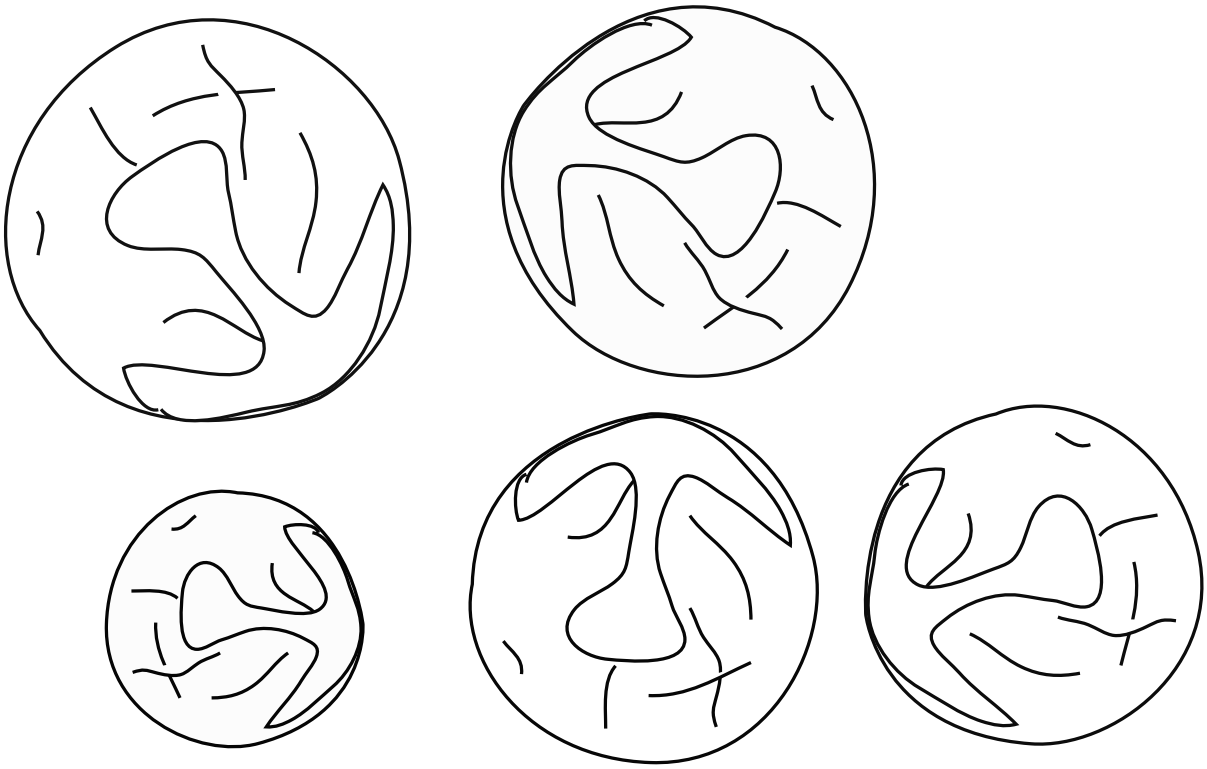


Fisch

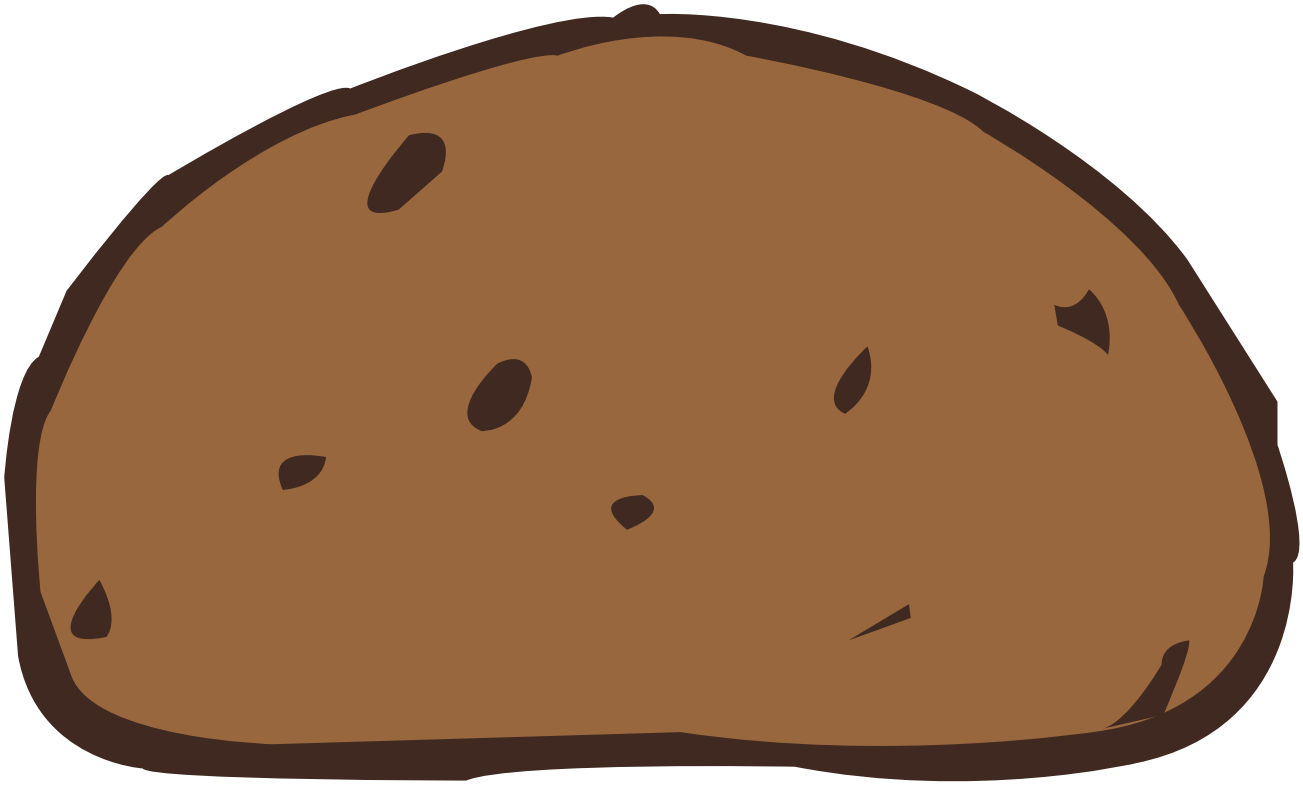


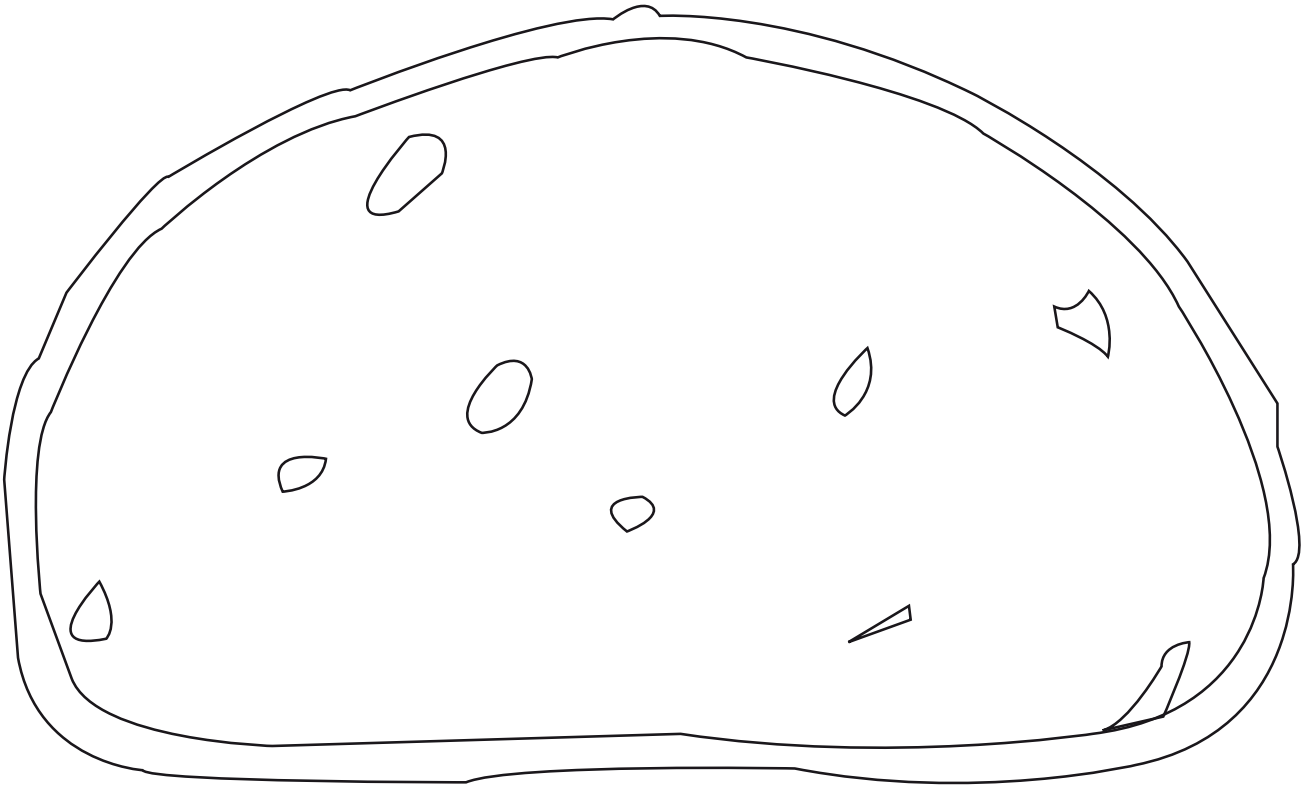


Rosenkohl

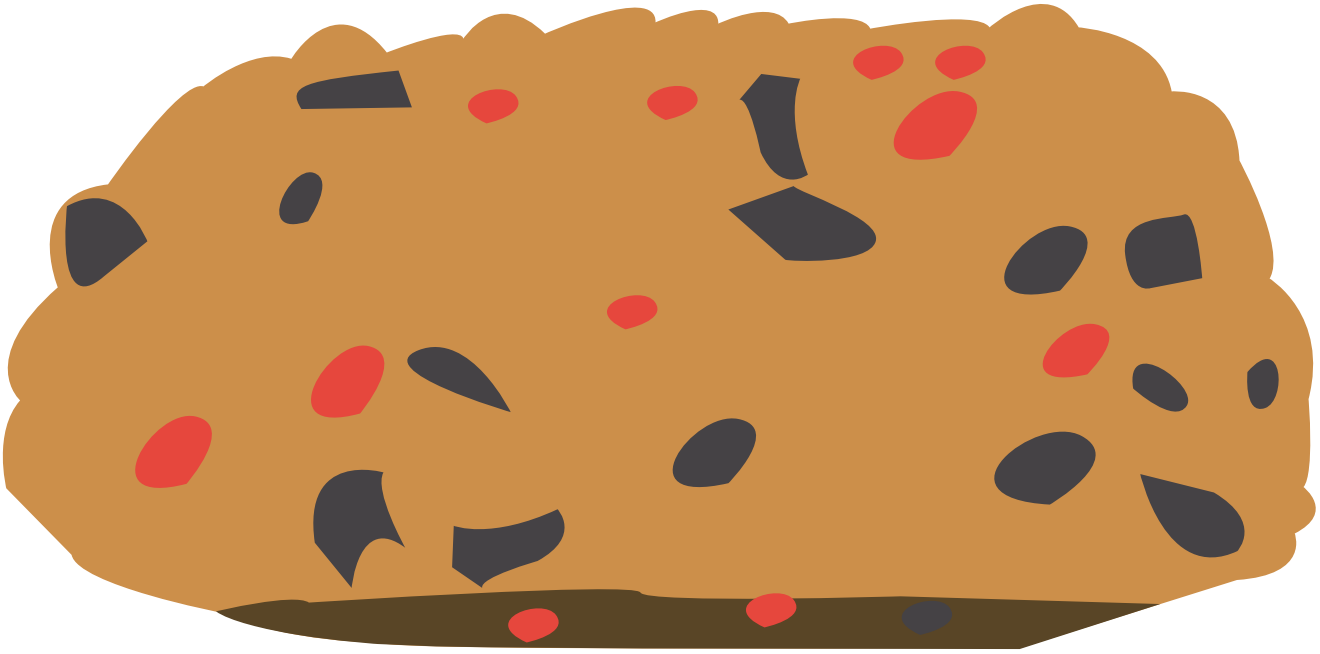


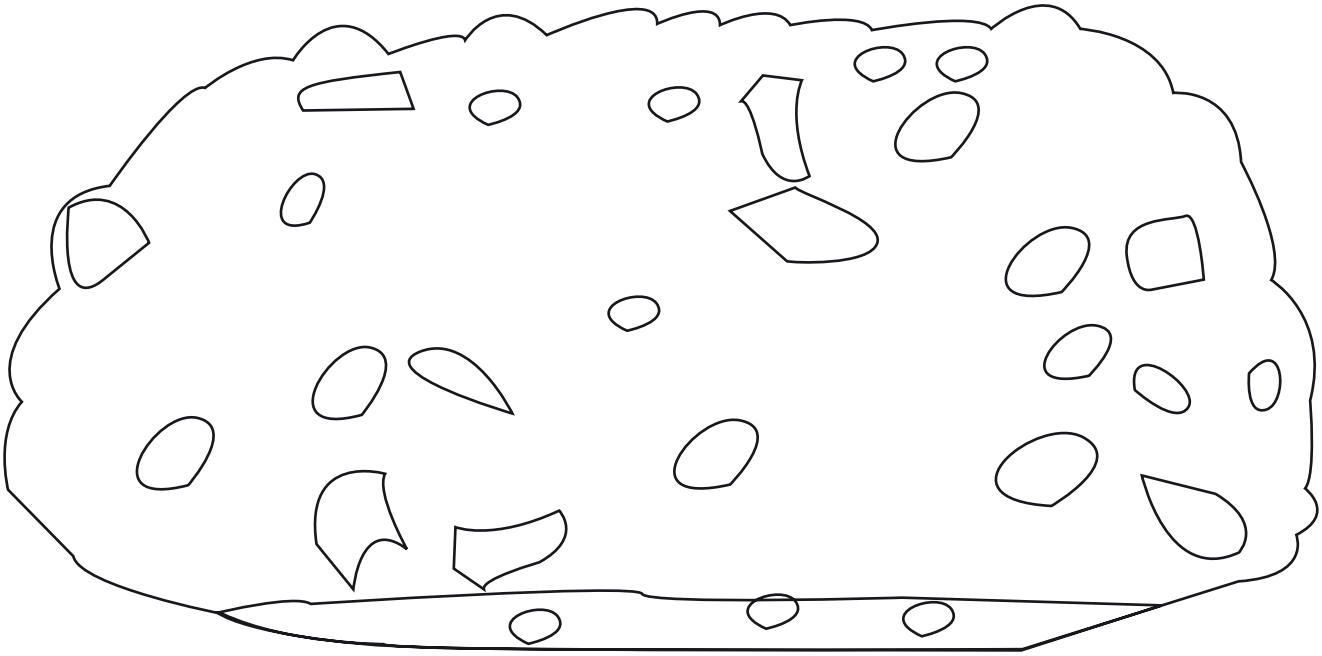
Roggenbrot



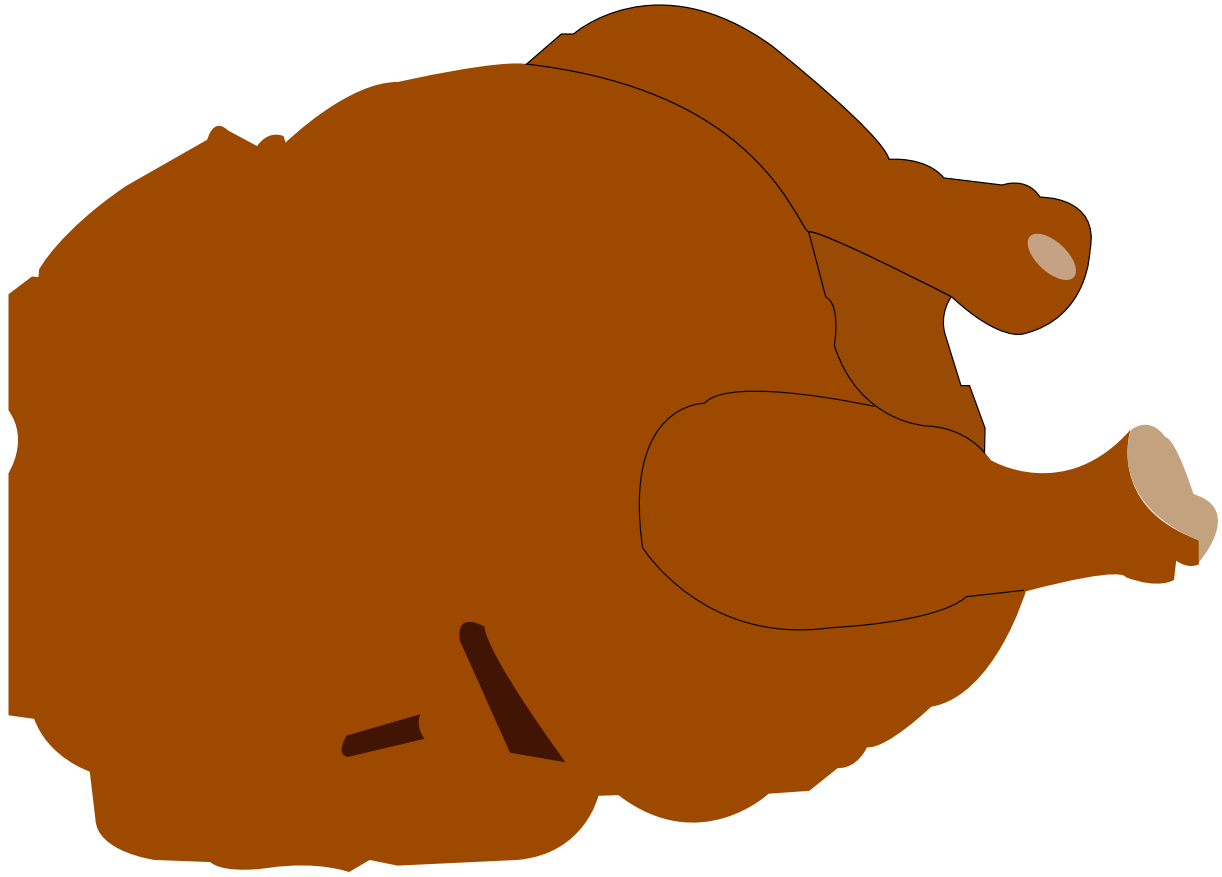


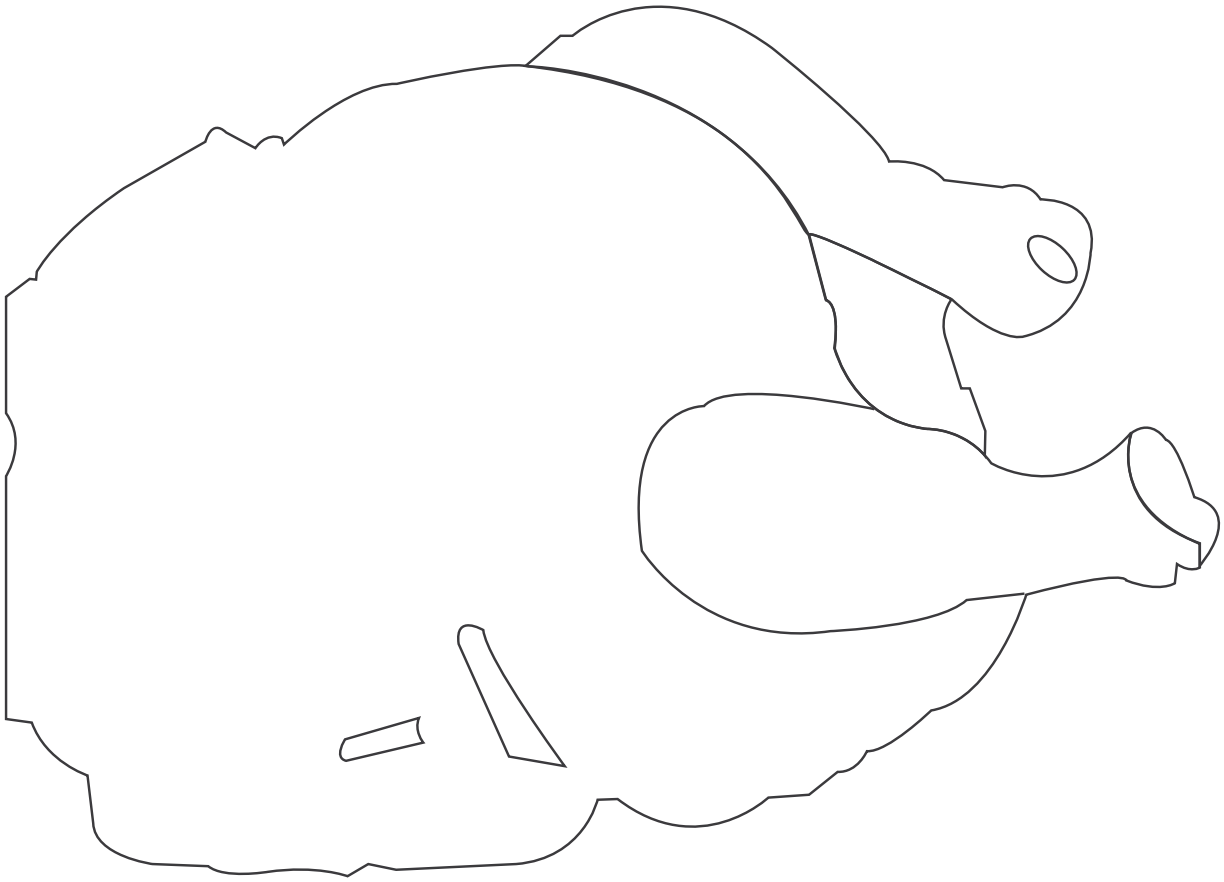
Fruchtplätzchen



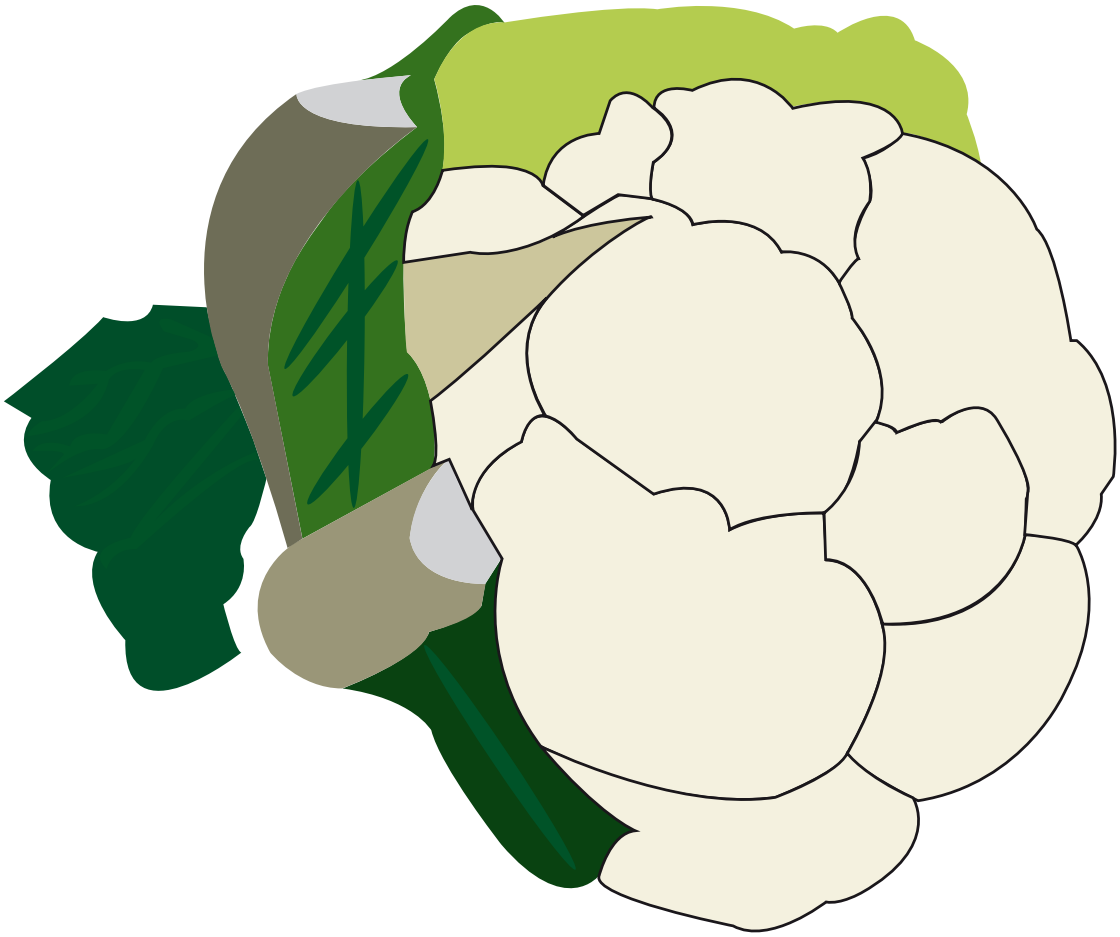


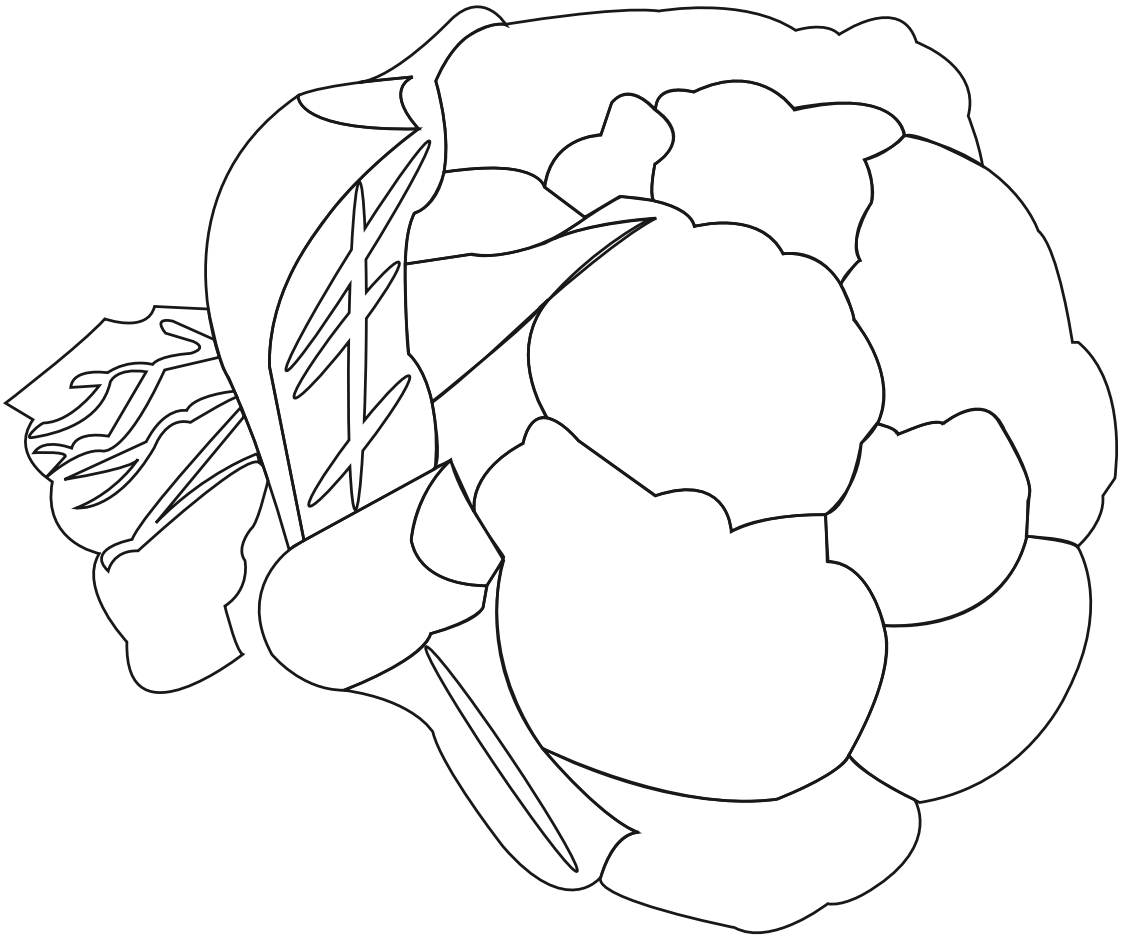
Hähnchenfleisch



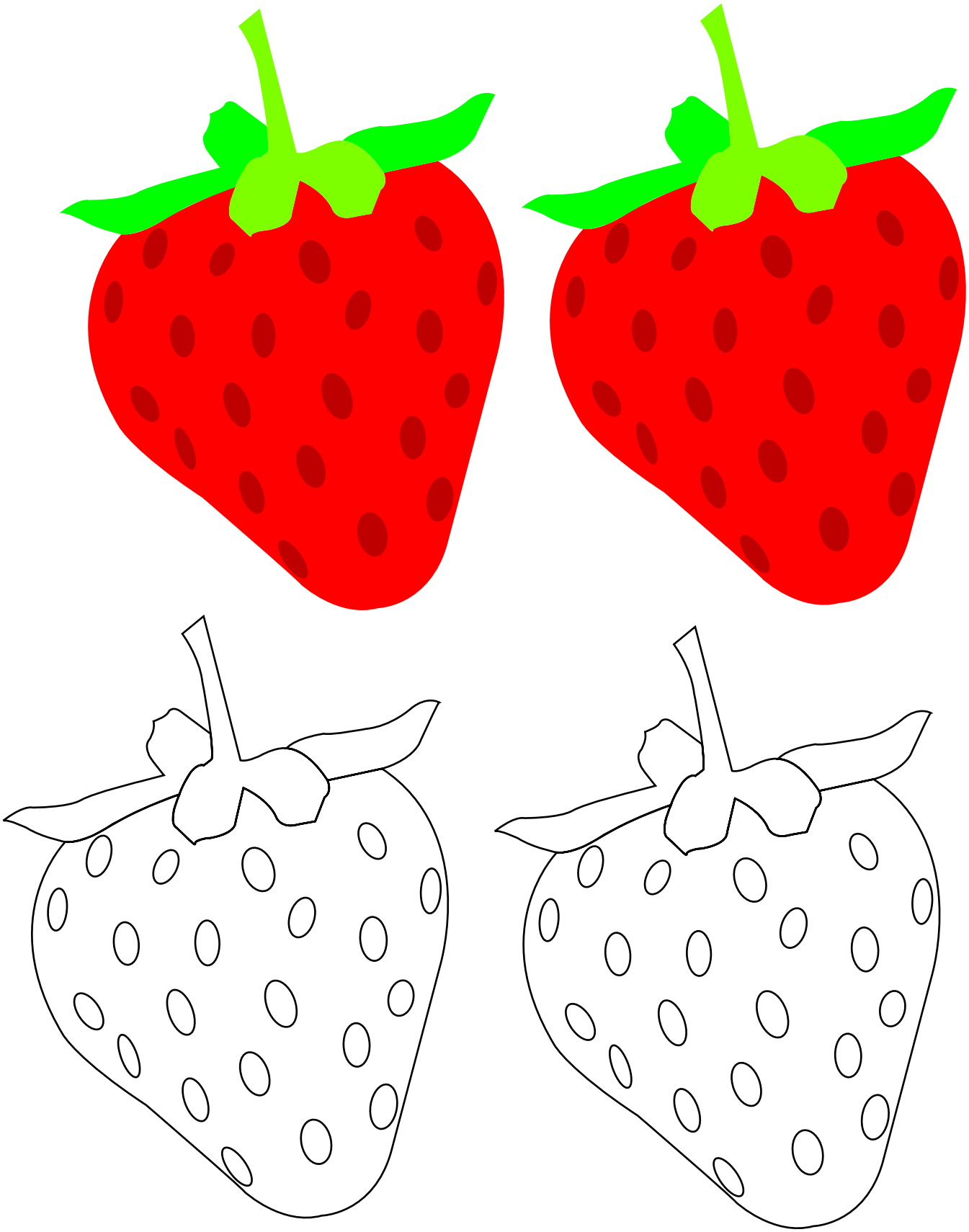


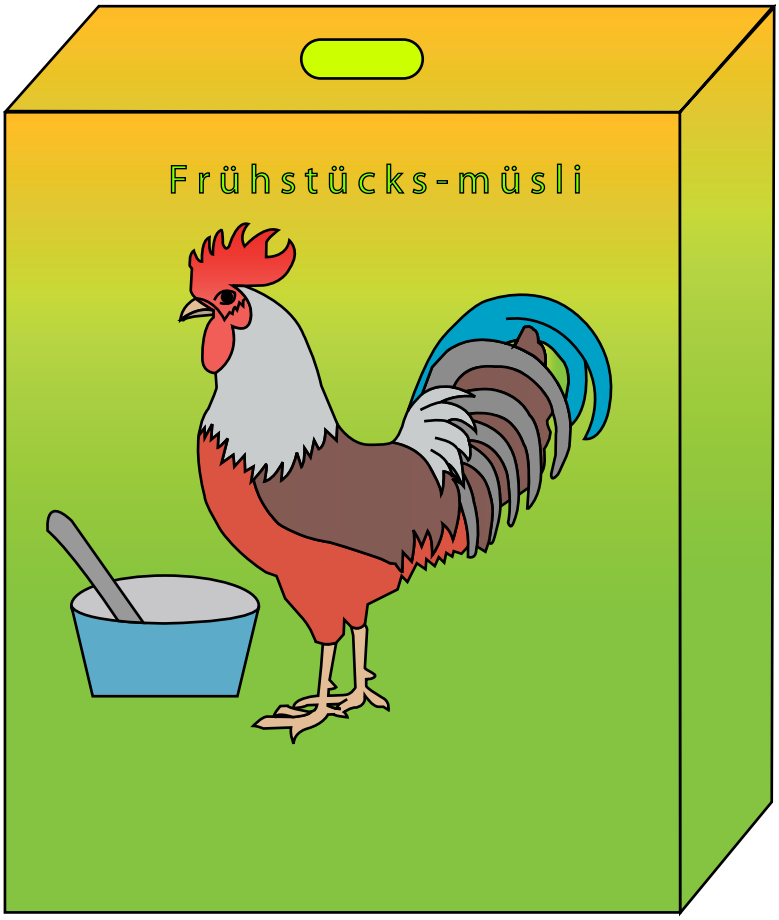
Blumenkohl

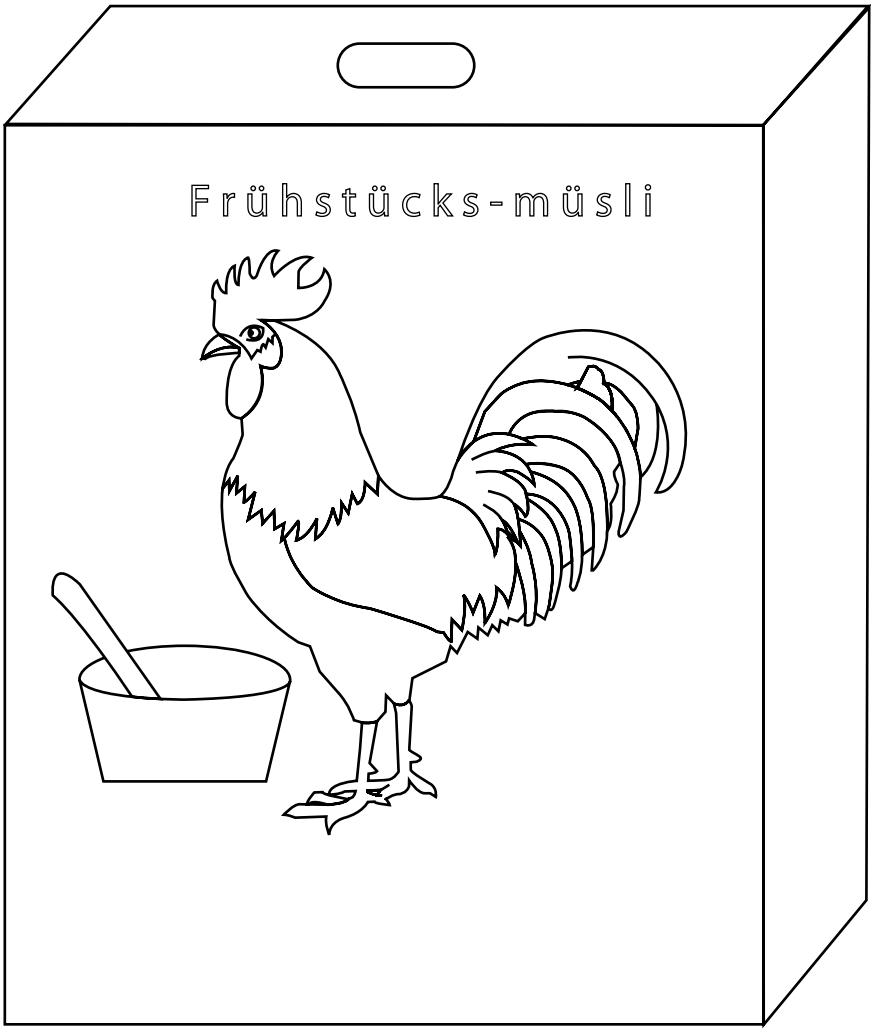




Erdbeeren




Frühstücks-müsli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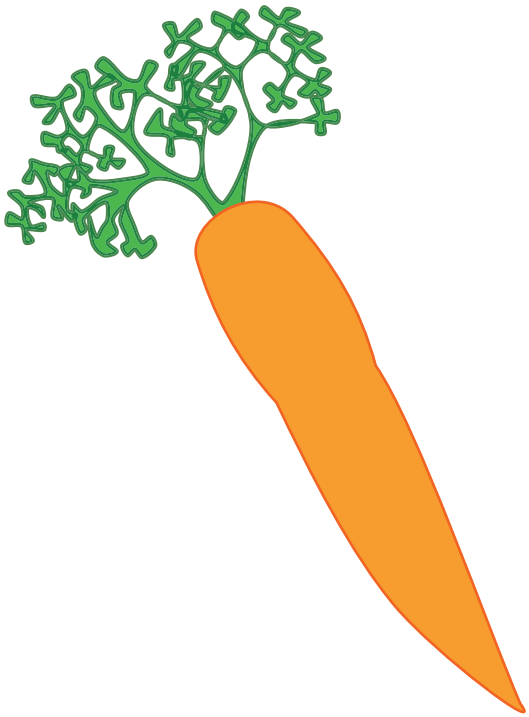
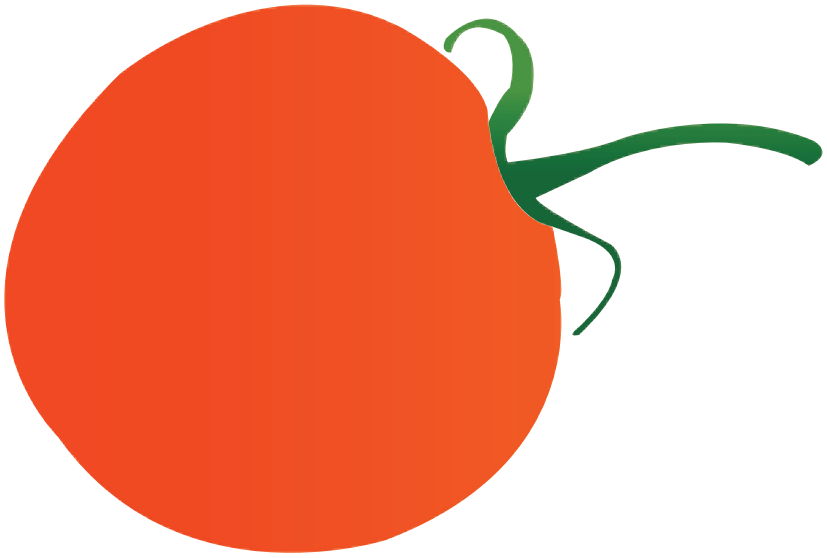
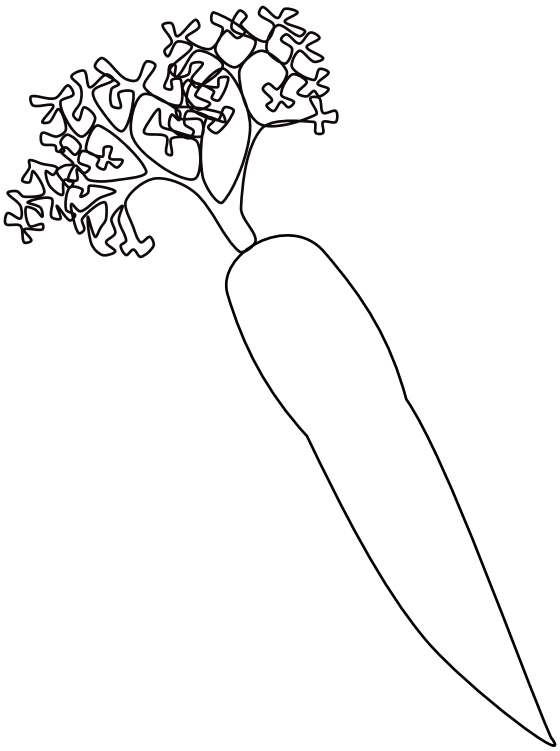
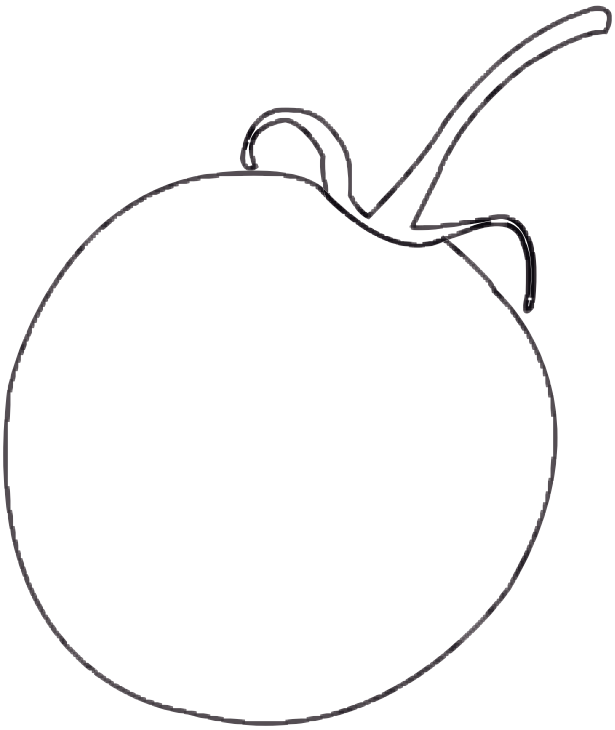
Tomate und Karotte

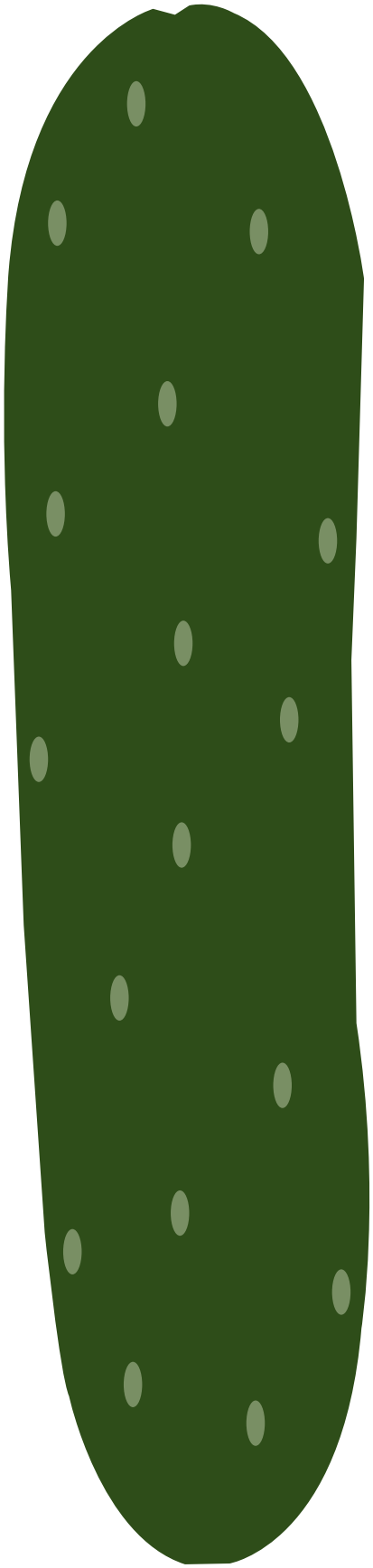


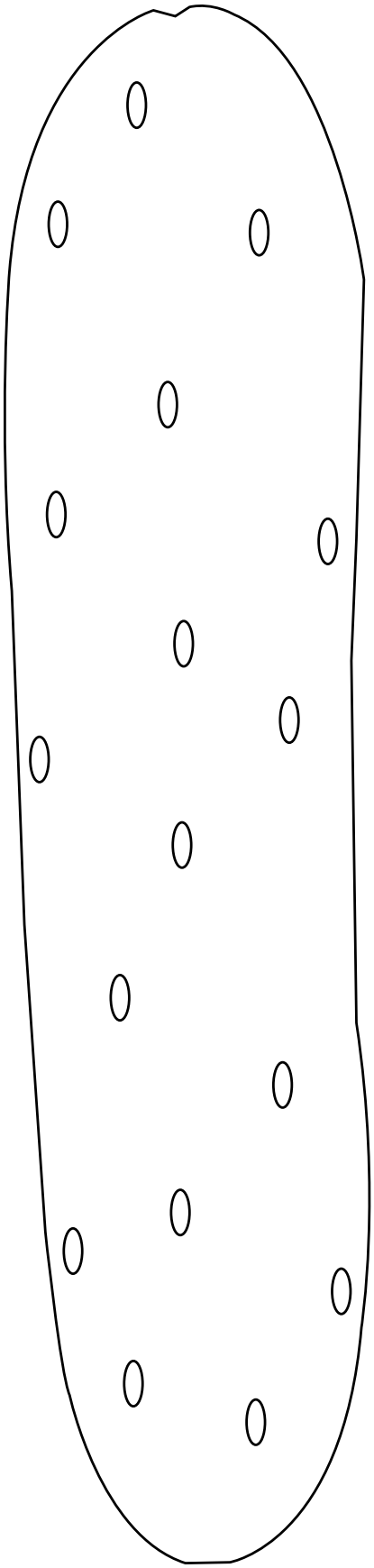






Salatgurke





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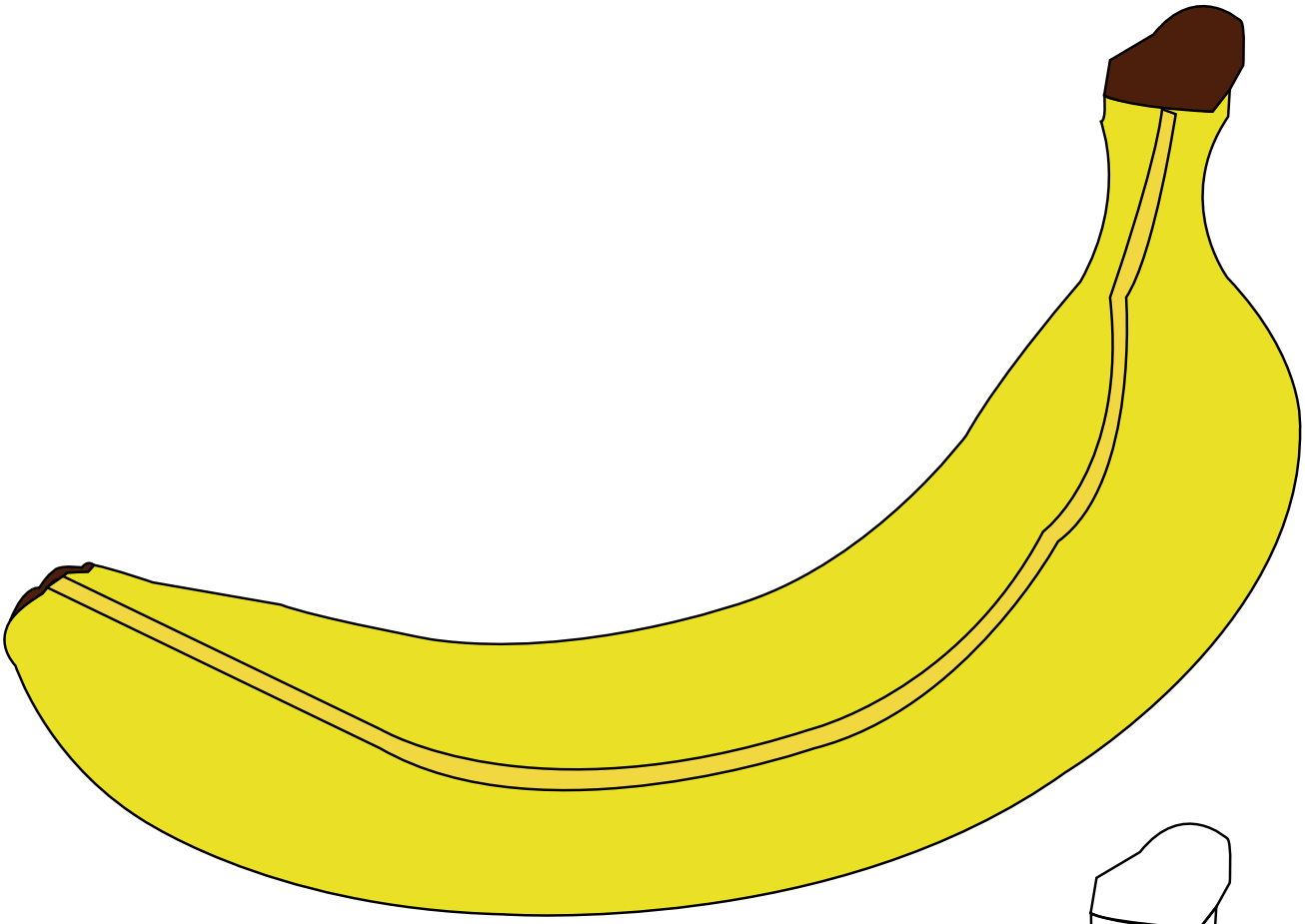

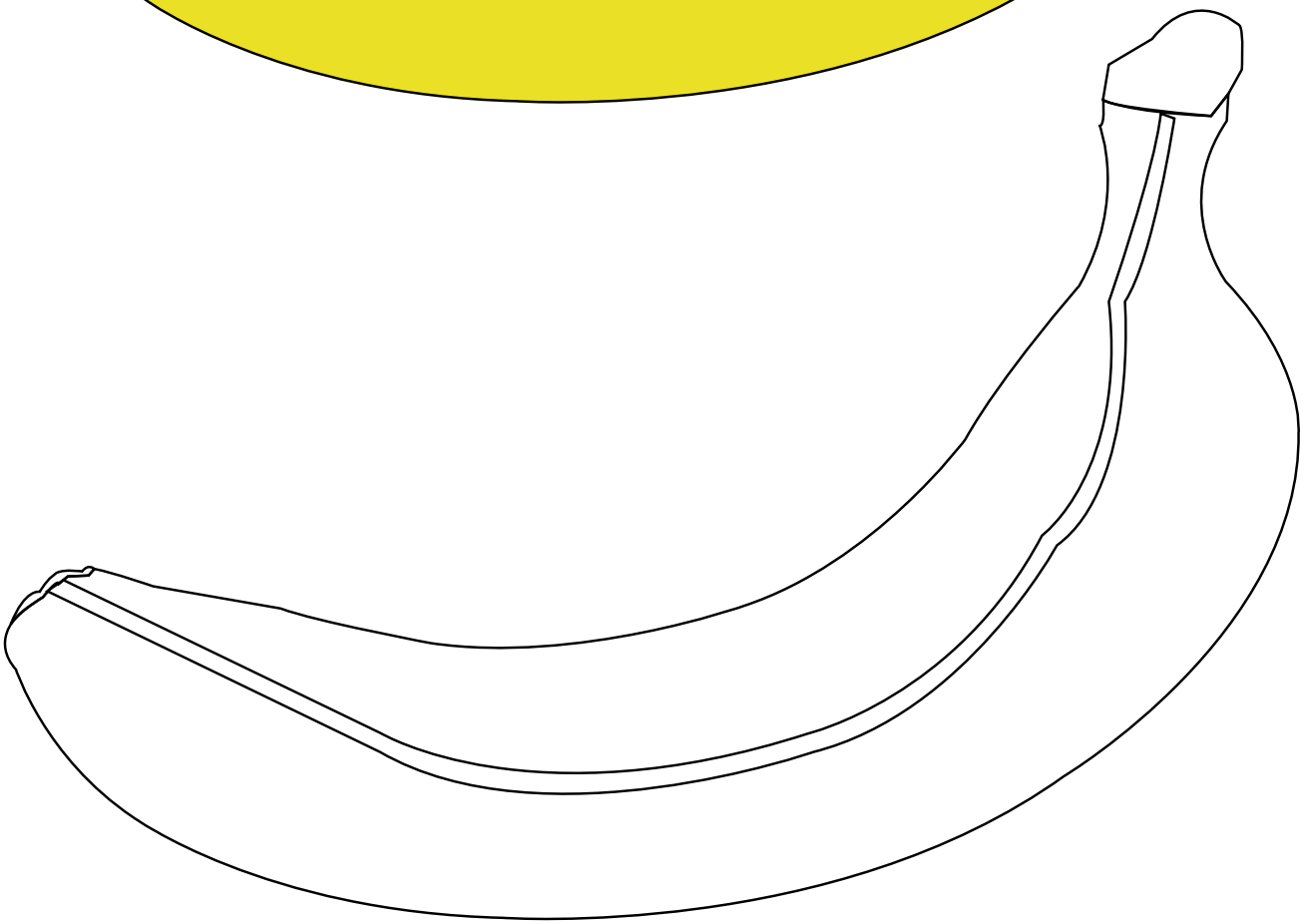

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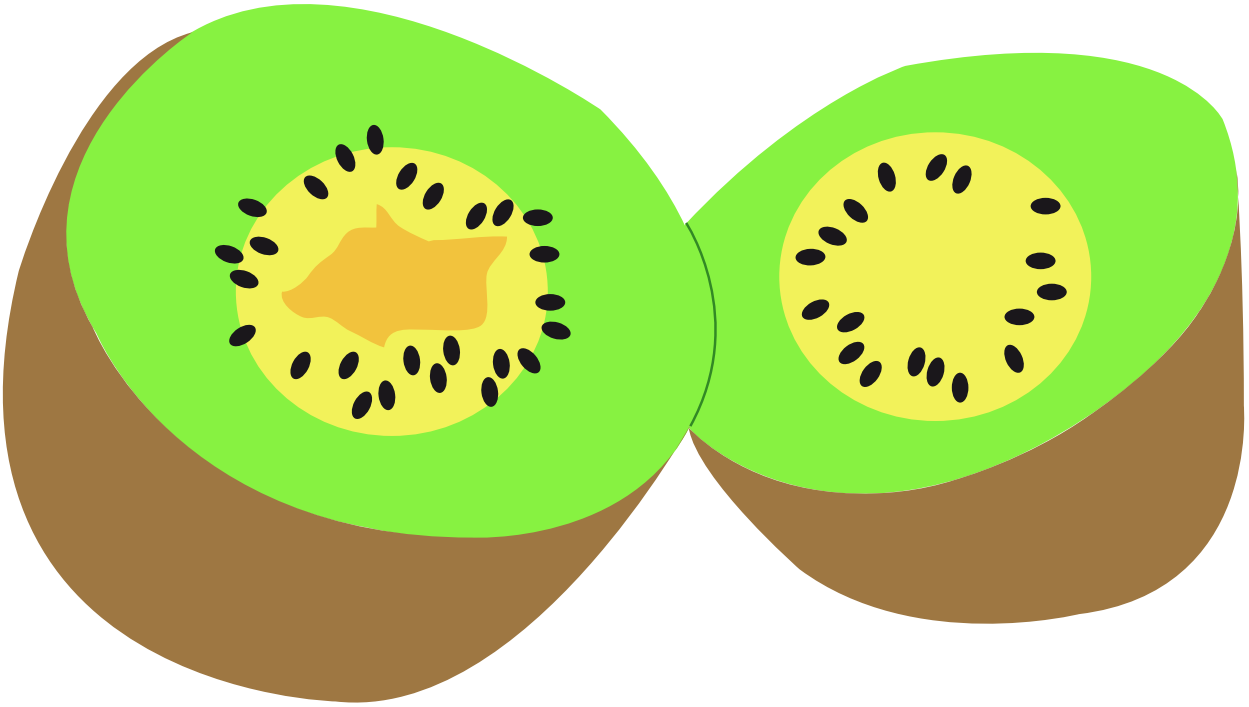

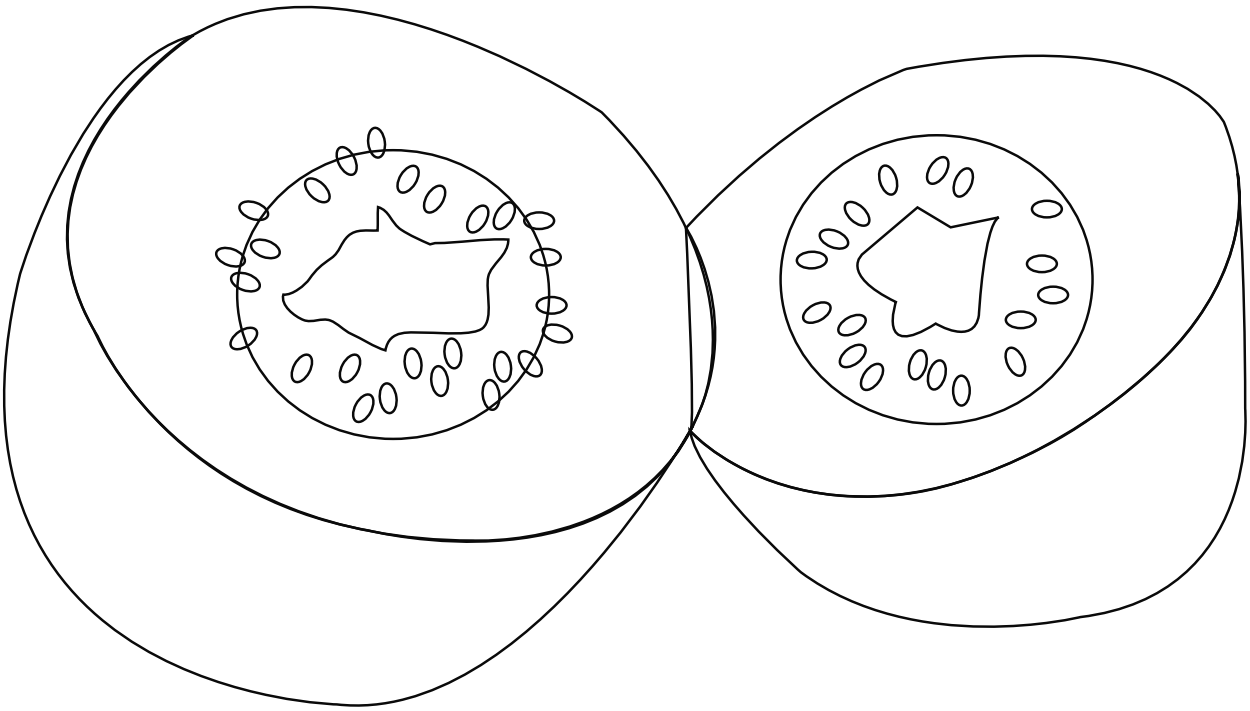

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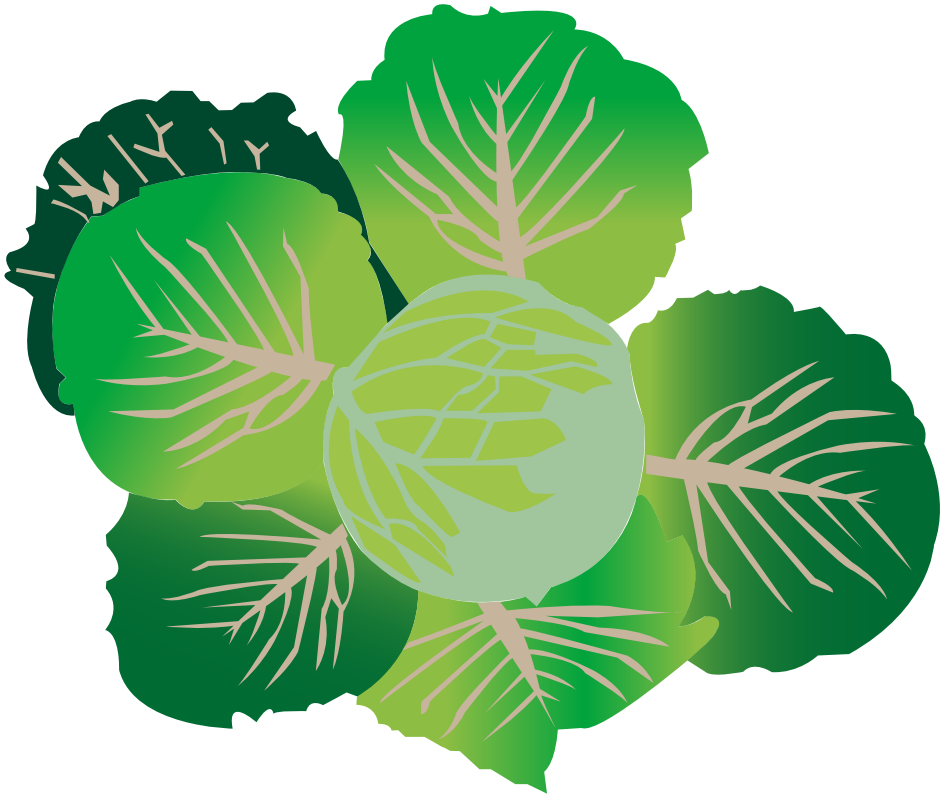

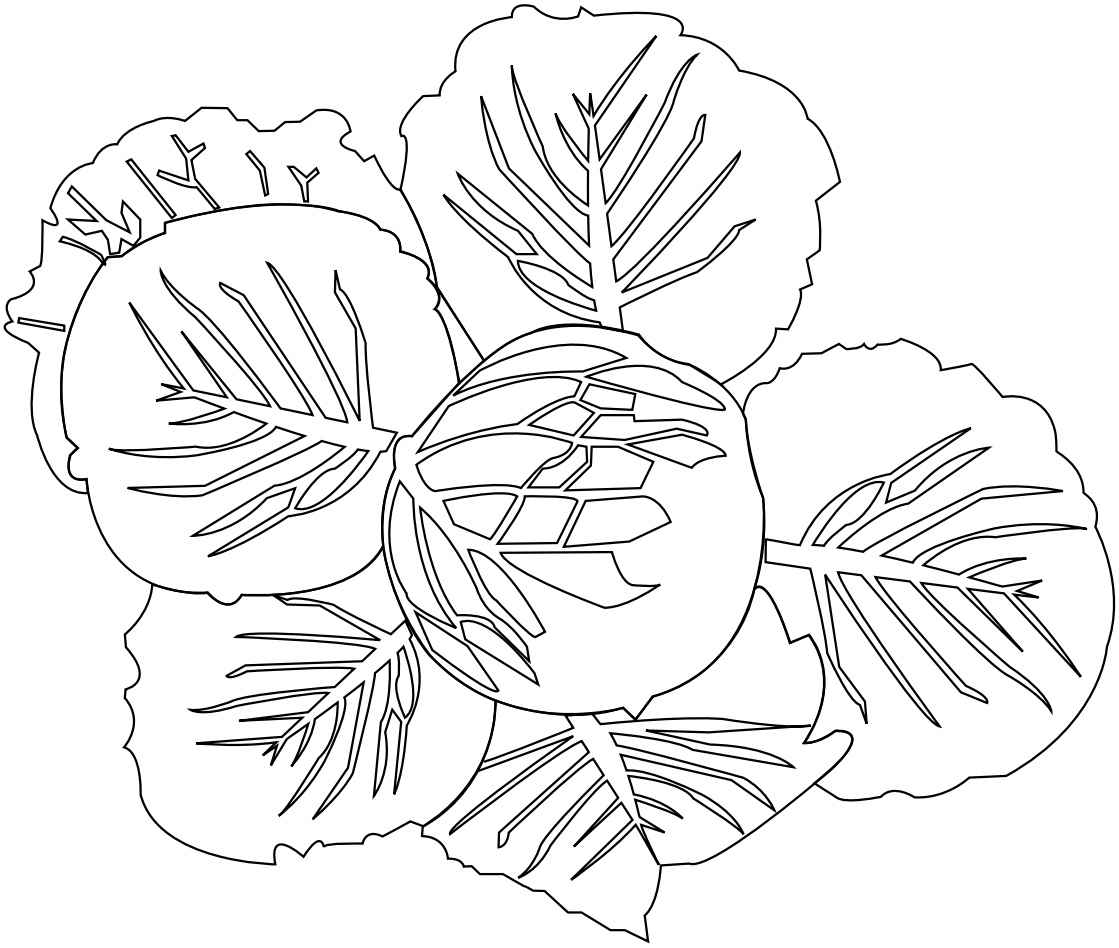

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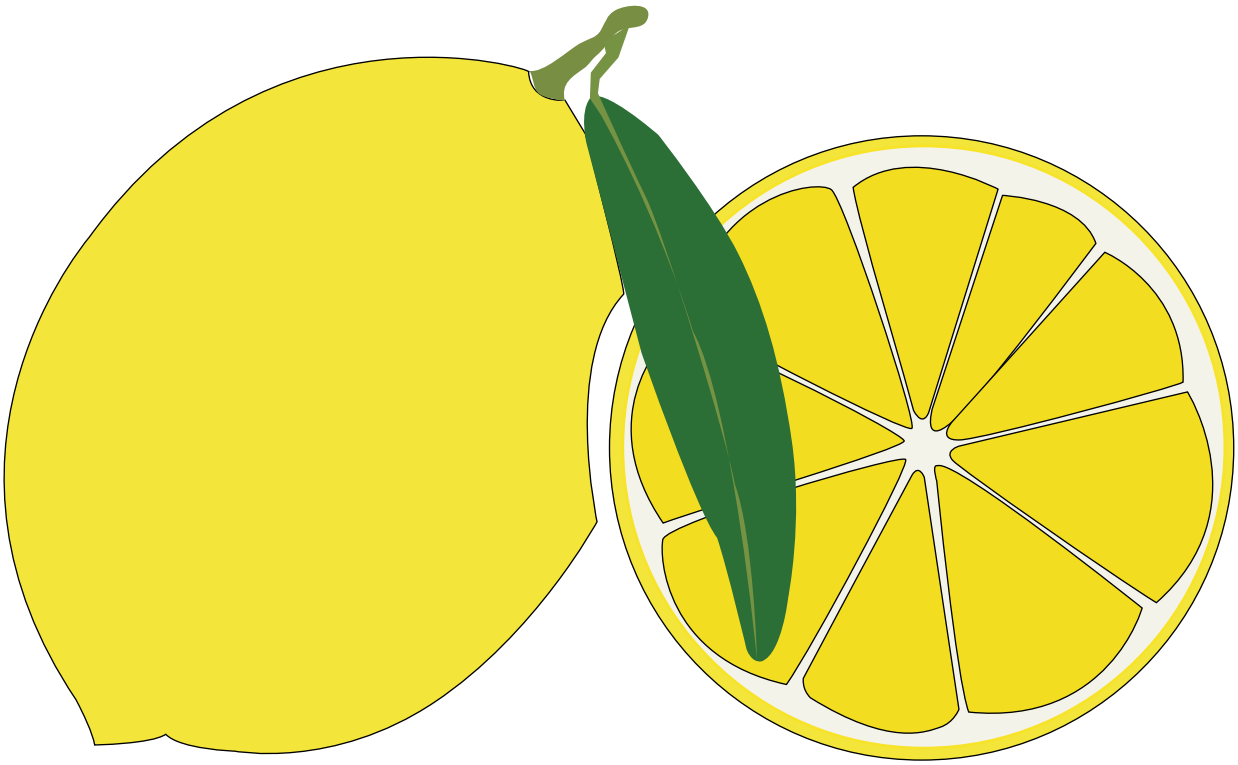

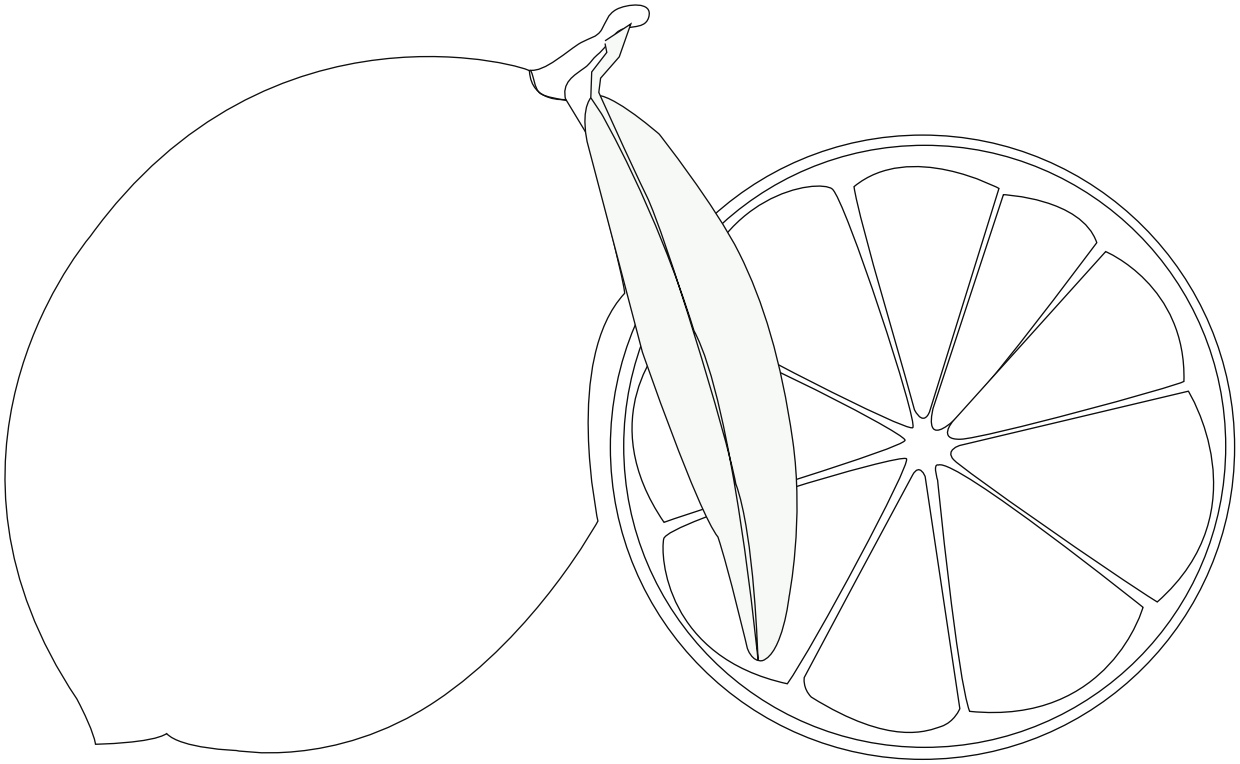

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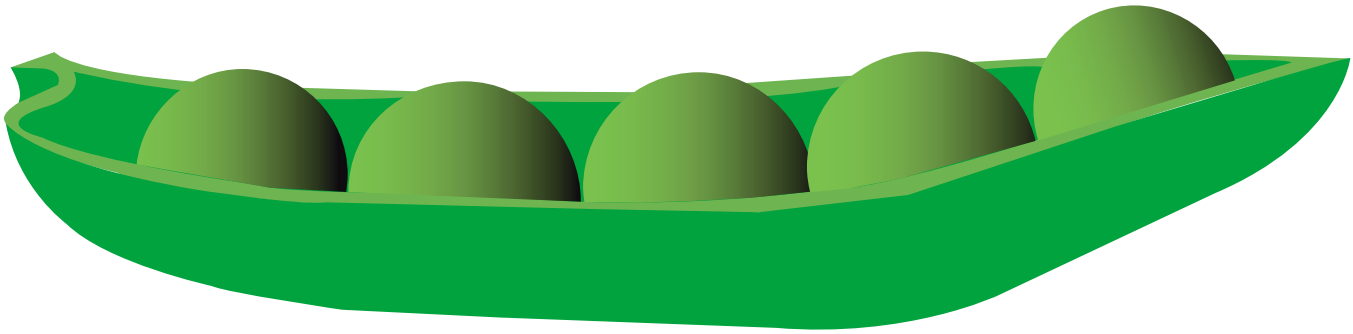

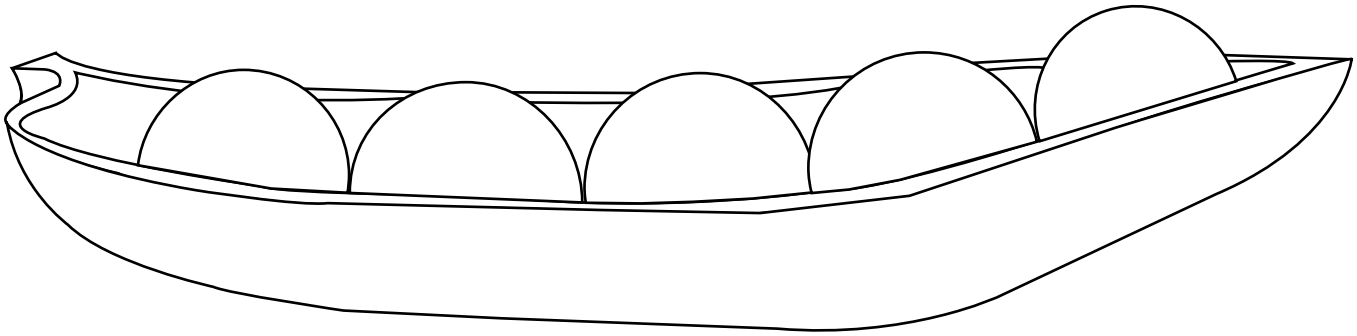

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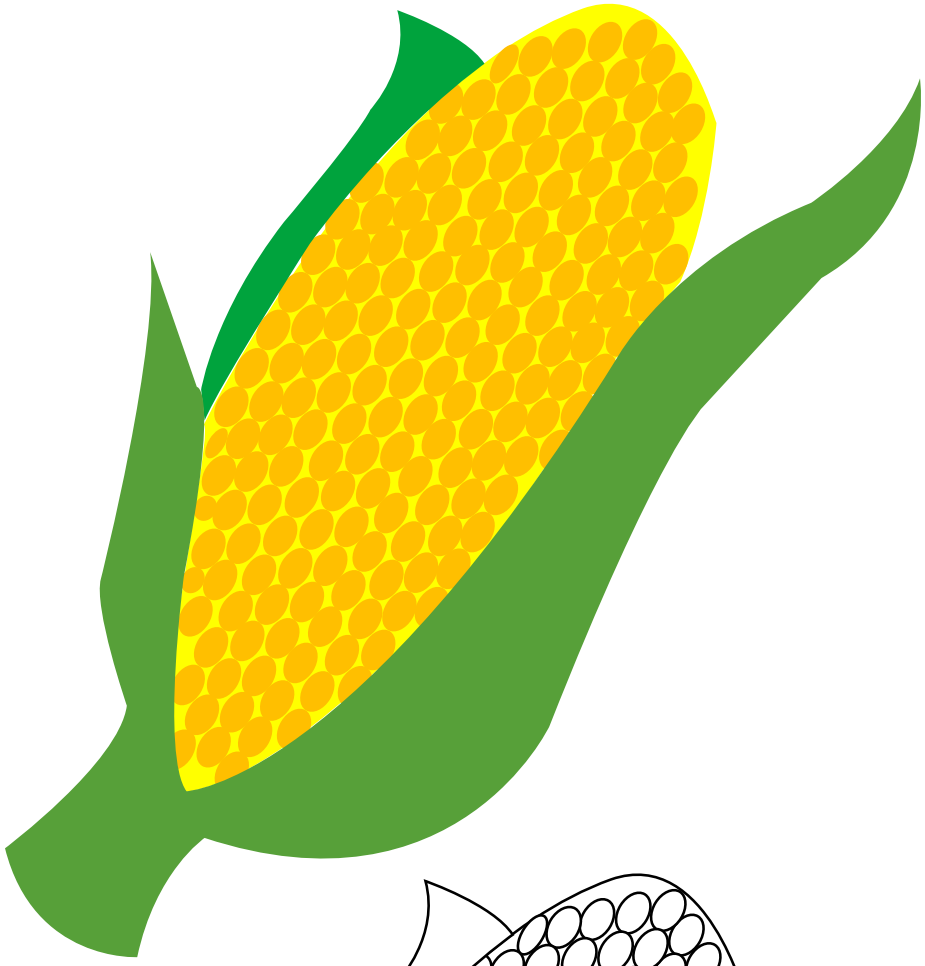
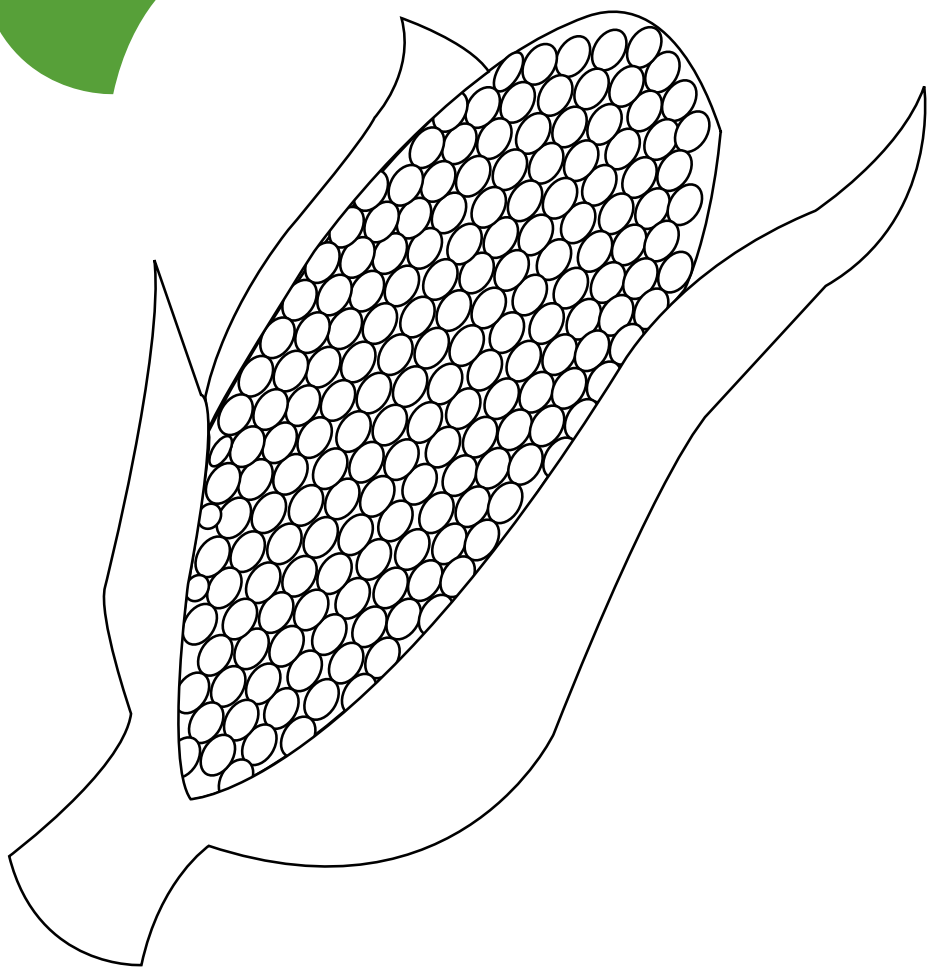
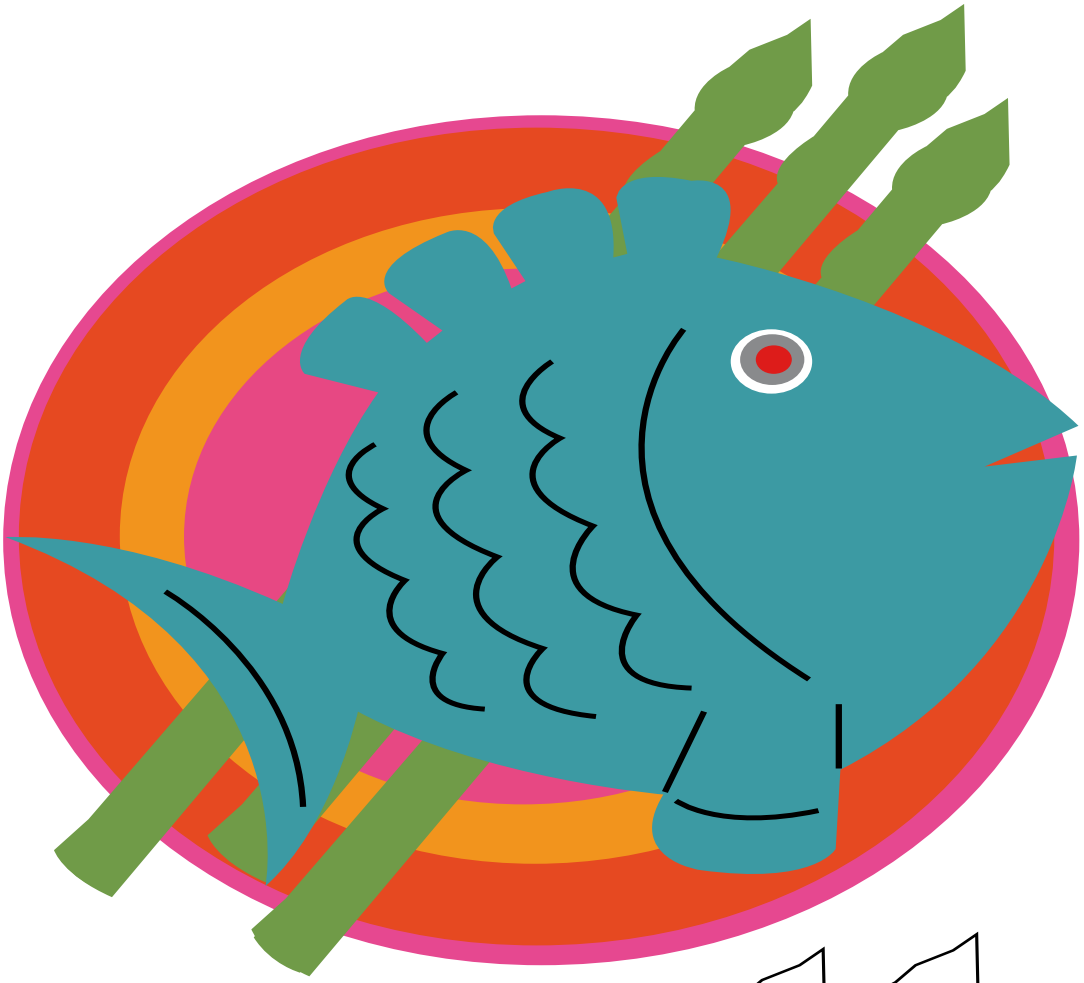
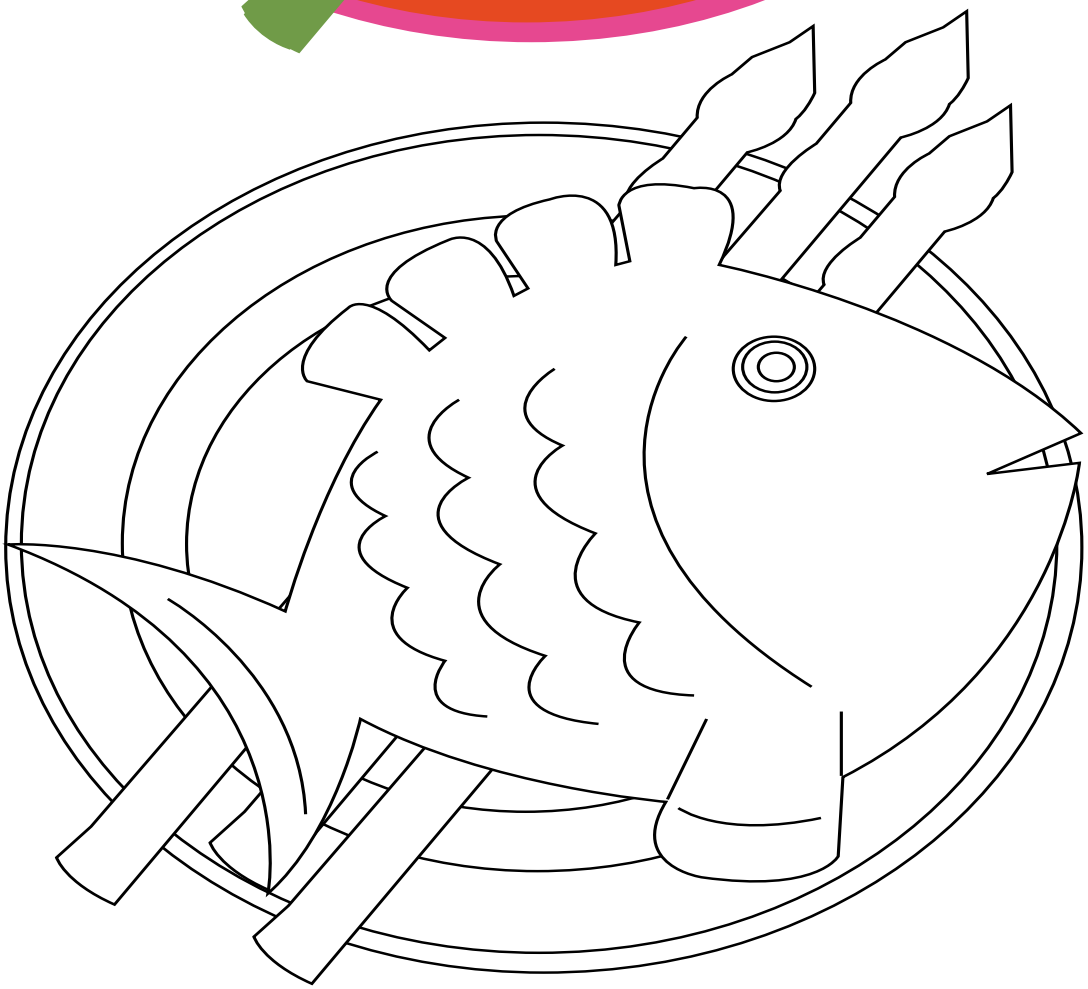
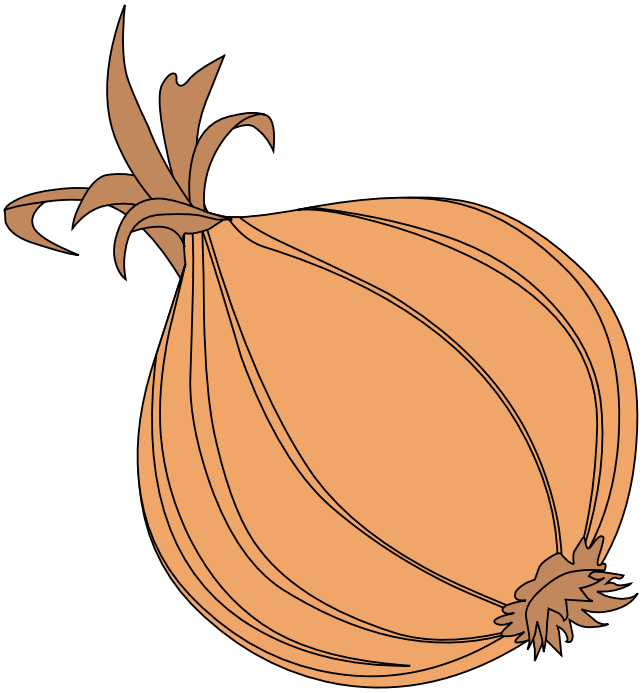




Fisch mit Spargel





Zwiebel